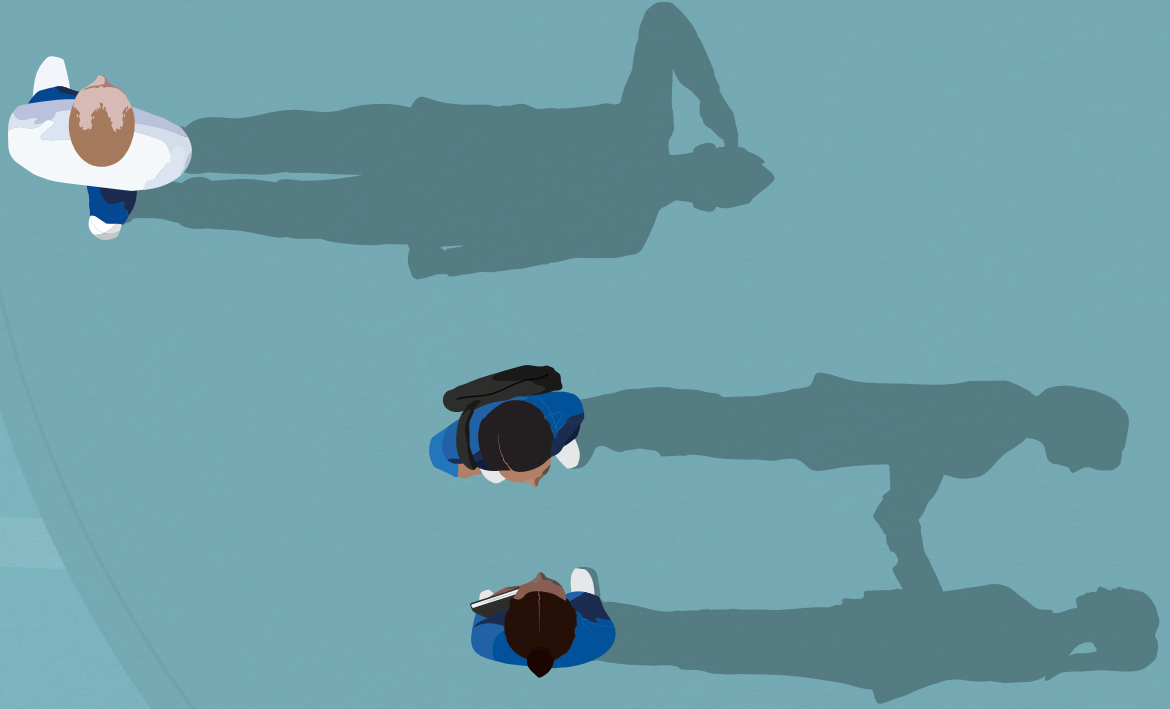


GOLDFARB

GOLDFARB SCHOOL OF NURSING AT BARNES-JEWISH COLLEGE

2017 YEAR IN REVIEW



UNEXPECTED OPPORTUNITIES A DIFFERENT PERSPECTIVE OF NURSING



A DIFFERENT PERSPECTIVE OF NURSING

From the bedside to the lab, Goldfarb School of Nursing at Barnes-Jewish College unveils the many surprising possibilities within nursing. With innovative research endeavors and advanced specialties, our students discover an array of unexpected opportunities as they grow to become highly capable and compassionate nurses. Recognized as a national leader in nursing education, Goldfarb is redefining what nursing means.

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DID YOU KNOW?

Look for these "DID YOU KNOW?" blurbs throughout this issue of GOLDFARB Magazine to learn more about the school, our students and faculty.



GOLDFARB Magazine is published annually by Goldfarb School of Nursing at Barnes-Jewish College for alumni, friends and the community.

With a legacy that began in 1902, Goldfarb School of Nursing at Barnes-Jewish College has a strong tradition of educating health care professionals in St. Louis.

Goldfarb School of Nursing is located on the Washington University Medical Campus in St. Louis and is affiliated with Barnes-Jewish Hospital, with a second site at Missouri Baptist Medical Center. Goldfarb School of Nursing has nationally recognized educational facilities with state-of-the-art classrooms, lecture halls and sophisticated clinical simulation institute labs with patient simulation manikins and exam rooms that provide high-tech, advanced nursing care experiences.

Goldfarb School of Nursing at Barnes-Jewish College is accredited by the Higher Learning Commission (HLC) and the Commission on Collegiate Nursing Education (CCNE), and is approved by the Missouri State Board of Nursing and Higher Education Commission.

To learn more about Goldfarb School of Nursing at Barnes-Jewish College, visit BarnesJewishCollege.edu.

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FROM THE PRESIDENT AND DEAN

I am so honored to be writing my first letter for GOLDFARB Magazine. This publication embodies so much of why I was inspired to join Goldfarb School of Nursing at Barnes-Jewish College. With our partnerships through BJC HealthCare and Washington University in St. Louis, students and faculty have remarkable resources. It's truly something you can't get anywhere else.

My focus is on further enhancing the College's commitment to fostering the best in students, faculty and staff, research, technology, curriculum and service while enabling the College to perpetuate a legacy of helping exceptional people become exceptional nurses. This will include attracting and keeping the best nursing educators and scientists, increasing external research funding from organizations like the National Institutes of Health, and highlighting the great accomplishments of our alumni, students, faculty and staff. It is so important to make these great things known.

Throughout the years, Goldfarb has continually grown and evolved. I am excited to expand upon the academic offerings by adding a Doctorate of Philosophy in Nursing program and revising the undergraduate curriculum. In addition to these endeavors, I hope to continue to grow Goldfarb as an inclusive and diverse school, as well as a devoted partner to our community.

As president and dean, it is my job to create an environment where students and faculty can excel. Goldfarb must not only prepare a highly capable and compassionate health care workforce but provide them with the tools for success.

Nursing is a broad discipline that offers so many opportunities. Nursing professionals can have roles in a wide array of environments and specialties,

from nurse scientists shaping health care to veterans serving our country. Personally, nursing has taken me on so many avenues I never would have predicted. I strongly encourage nurses to take advantage of those opportunities that might seem out of scope. Nursing can take you so many places, even around the world; it really is a fabulous career. As you peruse this magazine, take note of the unexpected possibilities nursing can provide.

While these opportunities may sometimes be overwhelming, we equip our students for whatever they pursue following graduation. We do this by educating them in patient care delivery, multifaceted leadership, research and scientific discovery.

I understand the many challenges facing Goldfarb's future graduates and current alumni, and I look forward to continuing to produce outstanding nurses prepared to participate in the design of the health care landscape and provide the exceptional care that better the lives of the individuals, families and communities they serve. I am truly excited for the future.

Nancy Ridenour,
PhD, RN, APRN, BC, FAAN

Maxine Clark and Bob Fox Dean and Professor at Goldfarb School of Nursing, and President of Barnes-Jewish College



DID YOU KNOW?

Before deciding to become a nurse, Dr. Ridenour began as a chemical engineering student.

Prior to joining Goldfarb, she served as dean and professor of the University of New Mexico College of Nursing, Albuquerque.

In addition to many academic leadership roles, Dr. Ridenour has participated in study tours of Egypt, Jordan and China, as well as international work in Peru, Thailand, Mexico, Cuba, India, Sri Lanka and Costa Rica.





Nursing Research MADE POSSIBLE

The Office of Nursing Research Pilot Grant Program

From new investigators and junior staff to more experienced faculty, nursing academics continually strive to improve health outcomes through evidence-based practice. In this spirit of advancing nursing practice, Goldfarb School of Nursing at Barnes-Jewish College offers the Office of Nursing Research Pilot Grant Program.

The ability to secure external funding for research projects often requires pilot study data — no easy feat for a project that’s just getting off the ground. Through the Pilot Grant Program, nurse researchers

have access to funding throughout the year to allow their studies to begin and prepare for the next phases of growth.

The grant program has already seen great success supporting faculty. While applicants are not limited to particular topics, many of the submissions align with Goldfarb’s main research priorities: symptom science in chronic health conditions, teaching with clinical simulation and improving the health of vulnerable, high-risk populations.



EDUCATING THE EDUCATOR: A Model-Based Faculty Development Program Aimed at Advancing the Use of High-Fidelity Simulation in Course Curriculum

One of the ONR's endeavors is a simulation education in nursing study. A group of faculty members at Goldfarb will participate in a pilot study designed to teach them how to incorporate high-fidelity simulation into their class curriculum. The study's goal is to test a best-practice faculty development model for preparing nurse educators to be simulation facilitators.

"There have been studies on how nursing students regard simulation as part of their education experience and a few studies looking at the outcomes of simulation. However, there is no research focusing on increasing nursing educators' comfort with using simulation and then fully incorporating it into their classes," says Jim Harris, PhD, RN, assistant professor at Goldfarb. Harris and his colleague, Chris Seckman, DNP, MSN/FNP, RN, associate professor at Goldfarb, are principal investigators on the study. "High-fidelity simulation is relatively new, and those who have the

experience and education to become nursing instructors were not exposed to this technology during their nursing training. Establishing this faculty development model is imperative to ensuring this technology is fully utilized."

Participants in the study will learn how to design curriculum, the principles of high-fidelity simulation learning, strategies for developing and facilitating high-fidelity simulation scenarios, roles in high-fidelity simulation, debriefing approaches, and processes for evaluation. The study will consist of four hours of education and training per week for six consecutive weeks. Each four-hour period will include classroom and hospital simulation segments. In addition, selected online training modules published by the National League for Nursing will be used. Those eligible to participate are full-time nursing faculty who have taught for three years or less and have been with Goldfarb for at least six months.

Results of the study will be determined through comparison of confidence scales completed before and after the study, as well as responses given on scales measuring learning outcomes and satisfaction.

"Hopefully, with this training, we will dispel the belief that developing high-fidelity simulations is a difficult process with limited results. Rather, we're confident that participants will realize how effective simulations are in providing quality educational experiences for our students," says Harris.

"Our ultimate goal is to add to the literature significant insight and guidance into how to train nursing educators in the effective use of high-fidelity simulation in their curriculums."



REQUIREMENTS FOR A PILOT GRANT

The grant program allows researchers to apply for funds in one of two categories: requests up to \$5,000 (Category I) or requests up to \$10,000 (Category II). Funding is limited to a period of one year. To be considered for a pilot grant, researchers must submit an application that includes a 200-word abstract and project narrative among other components. These applications are considered by the senior associate dean for research in addition to two members of Goldfarb's scientific review committee.



To learn more about the Office of Nursing Research Pilot Grant Program, please visit BarnesJewishCollege.edu/Research.

OFFICE OF NURSING RESEARCH NEWS



Goldfarb Scientist Receives STTI Funding for HIV-Related Study

The sole recipient of the 2017 Sigma Theta Tau International (STTI)/National Gerontological Nursing Association research grant is a study led by nurse scientist Judy Frain, PhD, RN, associate professor at Goldfarb School of Nursing at Barnes-Jewish College. Primary investigator of the study being conducted at Washington University's AIDS Clinical Trials Unit, Frain will work with HIV researchers as well as sleep-research expert Jean Davis, PhD, RN, FAAN, another Goldfarb nurse scientist.

Together, they will study the sleep problems experienced by older adults living with HIV, measuring their sleep, cognition, self-efficacy and quality of life, in part by using an actigraph, a device each participant will wear for seven days. Frain says she is eager to begin the study, which is titled "Understanding Disrupted Sleep and Its Implications on Symptoms for Older Adults Living with HIV." And, she says, "it will provide much-needed data to improve the lives of older adults living with HIV."



New Study of Cancer Survivors Funded by NIH

According to nurse scientist Horng-Shiuann Wu, PhD, RN, associate professor at Goldfarb School of Nursing at Barnes-Jewish College, more than one-third of the breast-cancer survivors in the United States experience significant residual symptoms after treatment has ended. Wu's research aimed at helping these survivors recently received funding from the National Institute of Nursing Research at the National Institutes of Health. In addition to Wu, the principal investigator, the research team includes Goldfarb nurse scientist Jean Davis, PhD, RN, FAAN; Washington University oncologist and physician scientist Cynthia Ma, MD, PhD; and Washington University statistician Feng Gao, MD, PhD.

The study is called "Effects of Bright Light on Co-Occurring Cancer-Related Symptoms in Breast Cancer Survivors: a Personalized Intervention." Participants will receive 30-minute bright-light or dim-light therapy, which will be self-administered using a light-visor cap at home for 14 consecutive days. The team's goal, Wu says, is to use the results of the study to help develop an appropriate light intervention that can ease post-cancer symptoms and improve quality of life.



DID YOU KNOW?

BSN and MSN students can assist faculty researchers with their research studies by conducting literature reviews, performing data collection and data entry and other research activities as assigned.

To learn about the requirements and responsibilities and to apply, visit gson-ne.ws/Gs.



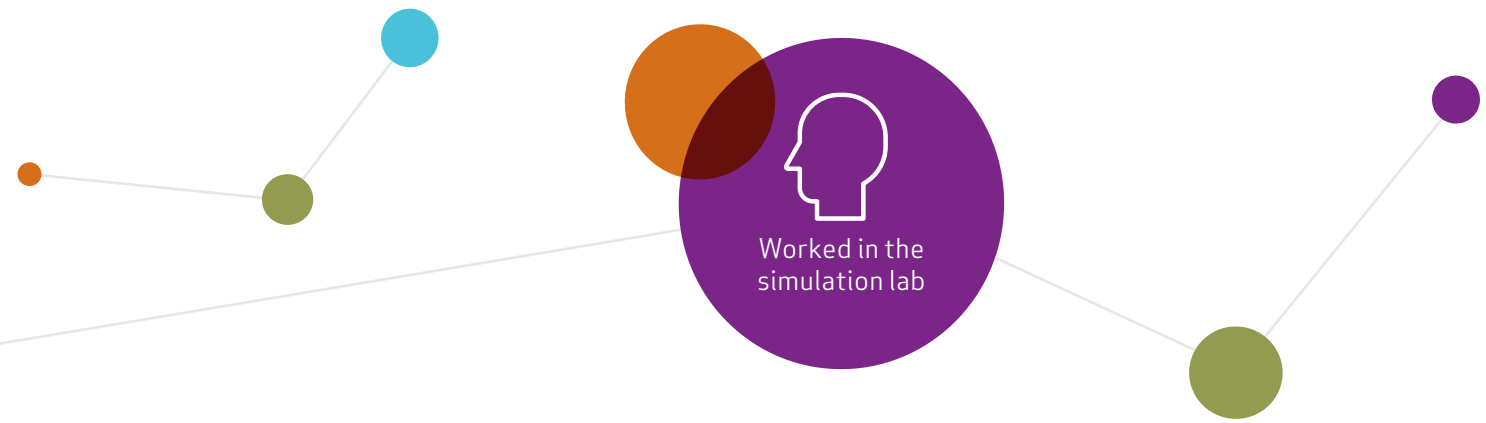
Horng-Shiuann Wu, PhD, RN, associate professor at Goldfarb, (center), stands with high school interns Kamala Nepal (left) and Alayna Jones (right).

A FUTURE OF POSSIBILITY

HIGH SCHOOL INTERNS DISCOVER NURSING RESEARCH

Written by Pam McGrath

From January through April 2017, on Tuesdays and Thursdays and alternating Fridays, high school students **Alayna Jones** and **Kamala Nepal** spent their class time at Goldfarb School of Nursing at Barnes-Jewish College. As seniors at the Collegiate School of Medicine and Bioscience, a magnet school in St. Louis, they were required to complete either an internship or a capstone research project. Both chose the inaugural Goldfarb internship in nursing research because of their interest in pursuing careers in health care.



Among the first lessons Alayna and Kamala learned was this: Nursing today is a complex, technology-driven profession that requires not only compassion for patients but also leadership and team-building skills. And nursing research offers myriad opportunities to directly improve patient care, its safety and quality.

AN EDUCATION IN NURSING

Michael Ward, PhD, RTR, FASRT, Goldfarb's vice dean for student affairs and diversity, serves on the advisory board at the Collegiate School. He suggested establishing the nursing research internship to Jean Davis, PhD, RN, FAAN, the Paul J. McKee Jr. senior associate dean for research and doctoral studies.

"We felt it fit well with our goal of educating high school students about career opportunities in nursing research," says Davis. "But the scope of the internship went beyond research. We wanted Alayna and Kamala to really understand the roles and responsibilities nurses play in today's patient care team."

For that reason, most Tuesdays were nursing-focused. Jan Holbrook, MSN, RN, CCRN, FBN/FPN, assistant professor at Goldfarb, introduced them to the responsibilities of various nurse specialists such as bedside nurses, nurse practitioners and clinical specialists. She also took the interns to Goldfarb's Clinical Simulations Institute, a state-of-the-art simulations lab where they not only observed nursing students working with manikins but also participated in patient-care scenarios. Barbara Whitaker, MPH, BSN, RN, a Goldfarb instructor, introduced them to the important work done by community health nurses, and they worked in The Rehabilitation Institute of St. Louis making beds and talking with patients.

"We attended public awareness panel discussions with the nursing students. One in particular was about the Newtown school shooting, which was really emotional to watch," says Nepal. "I wasn't sure I could sit through it, but then I realized that as a nursing professional, you can't run away from situations — you need to be there no matter what to comfort and treat patients. It made me realize that I could handle troubling events and remain strong."

RESEARCH – DOING IS LEARNING

On Thursdays and some Fridays, the interns learned about nursing research. They spent time with researchers working on wide-ranging studies, from oncology symptom management to effects of HIV on women and aging populations. Davis felt talking with researchers and observing them was not enough, however.

"I decided that if they really wanted to learn about nursing research, they should work on a research project of their choosing," she says. That choice was nutrition.





Gretchen Drinkard, PhD, RN, interim dean in 2017 and the Jack Taylor senior associate dean for academic affairs and professor (center), stands with high school interns Kamala Nepal (left) and Alayna Jones (right).



Made beds and talked with patients

THE LIFE OF A GOLDFARB INTERN



1 research project completed



Administrators from Goldfarb School of Nursing at Barnes-Jewish College and Collegiate School of Medicine and Bioscience Magnet High School attended the poster presentation event.

Pictured, from left to right: Samantha Moyerman, Bioscience Internship Coordinator, AP Calculus Dual Credit Instructor and Mathematics Department Chair at Collegiate; Dr. Michael Ward, Vice Dean of Student Affairs and Diversity at Goldfarb; Kamala Nepal, student intern; Alayna Jones, student intern; Fredrick Steele, Principal at Collegiate and Dr. Jean Davis, Paul J. McKee Jr. Senior Associate Dean for Research and Doctoral Studies.

LOOKING TO THE FUTURE

After high school graduation, Nepal will begin taking pre-med courses at Blackburn College in Carlinville, Ill. She initially wanted to become a physician, but her experience at Goldfarb has given her insight into the opportunities available in nursing research. Jones will begin taking nursing prerequisite courses at the University of Missouri – St. Louis and then plans to transfer to Goldfarb.

“This internship forced us to get out of our comfort zone and talk to people and communicate. That is really going to help me as I enter college,” says Jones.

Adds Nepal, “The opportunity to interact with the nursing students made it feel like we already were in college. And having the guidance of Goldfarb’s professors made me realize that there’s no reason to hesitate to ask for help.”

The Collegiate School already has asked Davis to meet with the next class of seniors in the fall to provide them with a realistic overview of nursing.

“It’s really an opportunity to reach out to high school students who have a particular interest in the sciences and educate them about how that interest can be transformed into a fulfilling career as a nurse researcher,” she says.

“My family has a history of high blood pressure and obesity, so I am all about health and healthy eating,” says Jones. “Kamala and I were aware that our classmates ate a lot of snacks, most of them unhealthy. We wanted to see if we could make a difference in changing their eating habits.”

Their methodology consisted of choosing 10 unhealthy snacks that appealed to their peers and 10 healthy alternatives. Seven high school students taste-tested the 20 food items. They then enrolled seven adults as a comparison group. The results: Most teenagers preferred unhealthy food to healthy food, whereas adults preferred healthy food to unhealthy selections.

Jones and Nepal prepared a poster presentation portraying the nutritional label of each food item so teenagers could understand why the healthy foods were better choices. Prior to the presentation, the teenagers were asked to record their consumption of the 20 food items for a week; after the presentation, they again recorded their snack food choices for seven days.

“We coached them along the way, but Alayna and Kamala did all of the work themselves, from analyzing fat calories, salt and sugar on the nutrition labels to scoring and analyzing the data using inter-rater reliability to determine the accuracy of their findings,” says Davis.

Davis felt the quality of the interns’ work deserved reward, which meant serving as presenters at Goldfarb’s annual Graduate Scholarly Project Poster Presentation Day. It was then that Davis saw the internship’s impact on Jones and Nepal.

“When they first started with us, they were obviously bright but shy and quiet. By the time of their presentation, it was evident how much they had grown. They were confident in their findings, and they knew their subject well enough to answer questions quickly and with authority,” says Davis. “They had fun throughout because it was their project, which they managed from start to finish.”

INSPIRING A DNP PROJECT

Holbrook’s experience with the interns inspired her to choose student internships as the subject of her doctor of nursing practice project.

“It was so enjoyable watching Alayna and Kamala’s ‘ah-ha’ moments, the times when they learned something new about all that nursing encompasses,” she says. “My interactions with them made me understand there is a need to focus on young people and let them know that nursing is a viable, challenging and rewarding career. Just like these two bright young women, there are others out there who, with a better understanding of nursing, might discover their vocation. And we need to reach them.”



20 food items taste tested



EMBRACING LEADERSHIP

Students at Goldfarb School of Nursing at Barnes-Jewish College have numerous opportunities to get involved in campus life outside the classroom. Student organizations help them build leadership and interpersonal skills and expose them to community service, leading to well-rounded graduates.



The Student Ambassador Program is a student group that represents the College. Formally established in 2007, the program is the premier student leadership opportunity for nursing students.

“These are our go-to folks,” says June Cowell-Oates, EdD, LPC, LCSW, CEAP, alumni affairs director and program officer.

“They have the student perspective. Their role is to engage with and represent the school community, first and foremost.”

Ambassadors serve a variety of roles while representing the College. They promote the programs and services

available to current and prospective students. They participate in campus events and activities. They are called on to assist with functions including public relations, recruiting and student engagement.

Cowell-Oates hears from past and present ambassadors that their college experience is much richer because of their involvement in the program. “Ambassadors get a greater depth of experience. They have a lifelong connection to the College; we say they are ambassadors for life. And our hope is they continue to participate as alumni.”

Proudly wearing Goldfarb blue-collared shirts, ambassadors hone their communications skills greeting and networking with guests at

events. Leadership abilities can be built through interactions with school administration, the board of trustees, donors and other community leaders, as well as assisting in recruitment activities.

“Ambassadors are a resource working with our admissions office, helping incoming families and students,” Cowell-Oates says. “A prospective student may want to speak with someone from a similar circumstance, such as being a student and having children or being a veteran. The Ambassador Program gives those prospective students that opportunity. At new student orientation, ambassadors tell them what Goldfarb School of Nursing is really like.”



Artwork created by Sharon Jones, class of '17, during her presentation for the Student Ambassador Program. Jones is a former Goldfarb ambassador who now works as a nurse at Barnes-Jewish Hospital.

Students interested in the program must be enrolled full-time and maintain a minimum 3.0 grade point average. A commitment to fully participating in the demands of the program is essential. The number of ambassadors selected for the term depends on the number of qualified students who apply from each division. At the end of the term, ambassadors receive a \$500 stipend.

“We want to capture their enthusiasm,” says Cowell-Oates. “We’re looking to engage our students in all programs of study.”

The process to apply is simple. Students receive an email at the start of the term with instructions. They must complete an application and ask a faculty member for a reference. Then Cowell-Oates, an advisor or student services staff member will interview the candidates.

“We use a questionnaire that’s the same for everyone,” says Cowell-Oates. “The student is also asked to do a 7- to 10-minute presentation on their vision,

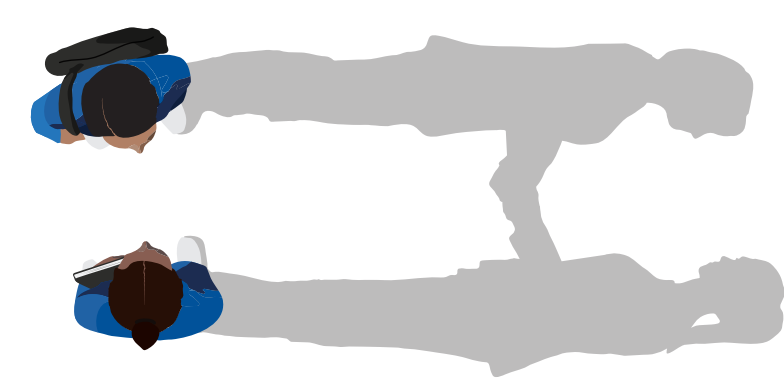
background and life experiences; and recognition and awareness of challenges they’ve faced. We’ve had some very impressive presentations.”

New ambassador training covers everything from knowing the College’s history and handling complaints to escorting tours and explaining student organizations. Staff and leaders from every department, along with past ambassadors, teach new ambassadors the ins and outs of the Goldfarb community.

“It’s surprising what our students get from the program,” Cowell-Oates says.

“They make so many new connections. I’m always thrilled to see their growth and progress throughout the experience.”

The benefits the ambassadors gain through the program has an equal impact on the College community. “Many students enter nursing for the technical side — the medicine or skills,” Cowell-Oates concludes. “But it really is the relationship side that is most successful. Patients see their nurses as exemplary because of their commitment and passion. Our ambassadors communicate that dual role of nursing.”



Ballet Dancer Turned Nursing Student

STEPS IN A NEW DIRECTION



Goldfarb School of Nursing at Barnes-Jewish College BSN student Erik Hoffman, 29, is pursuing what may seem an unlikely career path following his first — a professional ballet dancer. The introspective parallels he draws between dance and nursing, however, paint a natural progression.

“To be a dancer, you must be a quick, critical thinker,” Hoffman says.

“Confident, meticulous in the way we execute our skills, receptive to criticism, adaptable and most importantly, passionate — just like a nurse.”

His journey to St. Louis, and eventually to Goldfarb, began when the East Coast native was just eight years old. One of three energetic brothers growing up near Baltimore, Hoffman was in constant motion. His parents enrolled him in a gymnastics class to channel his energy. When his interest waned, a neighbor suggested dance. He was hooked.

“Growing up with brothers, it was tough,” Hoffman says. “Most boys played sports, but I was motivated to pursue something out of the ordinary; I danced around the clock.”

Training six days a week, Hoffman developed his passion to become a professional dancer. “My parents were so supportive. My grandma was an art professor, painter and sculptor, and was an inspiration during my youth.

Arts were promoted in my family, and daily, I feel fortunate that I have both a father and mother who supported my passion, every step of the way.”

At 17, while warming up at the ballet barre, Hoffman felt pain radiating down his chest. Thinking it was only asthma, he went home. As it became more difficult for him to breathe, his parents took him to the emergency room, where a chest X-ray revealed a spontaneous pneumothorax, where air accumulates in the chest cavity causing the lung to collapse. A month later, his other lung collapsed, leading to a second round of procedures and surgeries.

“It was emotionally trying because I went from constantly training to suddenly being immobile in the hospital,” says Hoffman. “I was worried I wouldn’t dance again.”

After many months recovering from surgery, Hoffman finally had the green light to train. His doctor reassured him it would help strengthen his lungs. “That’s all I needed to hear,” he says. “Even just one minute at the barre was exhausting, but I persevered and regained my strength.”

That strength and determination landed him in a professional dance program in New York City after high school and the opportunity to audition for ballet companies from around the country, in Canada and in Europe. Following a one-year training apprenticeship with the Joffrey Ballet of Chicago, Hoffman continued to train and dance with Ballet West

in Salt Lake City, which was featured in the reality TV series *Breaking Pointe*.

In 2011, Hoffman joined the company of Saint Louis Ballet, following a recommendation of a friend. Looking for part-time work to supplement his income, he discovered HavenHouse, a hospitality home for families who come to St. Louis for medical care.



Hoffman with a HavenHouse resident.
Photo courtesy of HavenHouse.

Long hours each day rehearsing were followed by evenings at HavenHouse. “I loved interacting with the families there,” says Hoffman, who continues to work there as a House Manager. “It reminded me of when I was a patient and the nurses who supported me when my world was caving in.”

Slowly, Hoffman’s focus shifted. “I enjoyed being at HavenHouse more than the studio,” Hoffman says. “It wasn’t that I loved ballet any less; it was just the start to a new chapter: nursing.”

Learning of Goldfarb and its association with BJC HealthCare,

specifically Barnes-Jewish Hospital and St. Louis Children’s Hospital, Hoffman made the decision to apply.

“What an ideal environment,” Hoffman says. “I was captivated by what Goldfarb had to offer.”

He admits the transition from the physical rigors of daily dance training to sitting in the nursing school classroom was a challenge in more ways than one. “In a sense, I was mourning a loss. I was trying to let go of a passion that became part of my identity. But I was ready.”

Once he settled in as a nursing student, he embraced his new role, joining the Student Nurse Association, Student Council, Goldfarb Men Excelling in Nursing (GMEN) and serving as a peer mentor. In April 2017, he received the Dean’s Scholar Award and attended the Society of Pediatric Nurses Annual Conference in West Palm Beach, Florida.

A critical care fellowship at St. Louis Children’s Hospital that began in January, followed by an April 2018 graduation, has set the course for Hoffman’s bright future, in which he feels the career options are limitless.

“Once a dancer, always a dancer,” says Hoffman. “But now, nursing is my passion.”

◀ **Goldfarb student Erik Hoffman wearing nursing-themed socks and a bracelet given to him by a patient at HavenHouse.**



Memorial Scholarship Ignites Spirit of Generosity

As any nursing school alum knows, your classmates often become your lifelong friends. That was the case for **Dianne Benz**, class of 1971; and **Linda Stamm**, class of 1970, graduates of Jewish Hospital School of Nursing, a legacy school of Goldfarb School of Nursing at Barnes-Jewish College. The friends met in the nursing dorms and stayed close for decades.

“We did all kinds of things together,” Dianne says. “We traveled the world together. We went to China, Russia, Kenya and Turkey, sometimes on nursing study programs.”

After Linda passed away in 2012, Dianne and a group of former classmates ensured Linda’s dedication to nursing would live on through a Goldfarb nursing scholarship established in her name at The Foundation for Barnes-Jewish Hospital.

“Linda loved teaching, so what better way to honor her than educating a nursing student?” Dianne says.

A Life Devoted to Nursing

Dianne recalls Linda as the kind of friend who was always ready for adventure and who loved to laugh and travel. But above all, she loved being a nurse. Linda worked for more than 40 years in various departments and positions at Jewish Hospital and then Barnes-Jewish Hospital.

“Linda was devoted to Jewish Hospital and Barnes-Jewish her entire adult life,” Dianne says. “She arrived at Jewish Hospital at 18 years old to go to nursing school there, and she never left.”

During her long career, Linda received several nursing awards, spent many

years as a head nurse and nurse educator, and continued her education to become an adult nurse practitioner. She even extended her skills to zoo animals: As part of the Wound Healing Program at Barnes-Jewish, Linda treated a giant tortoise named Pebbles that had a wound on his shell at the Saint Louis Zoo.

“Everybody just loved and admired Linda,” Dianne says. “She really was a force in the nursing field. She was not a head nurse who sat at her desk. She was out on the floor teaching other nurses and making rounds. She was hands-on with the patients.”



Linda Stamm

“Linda was devoted to Jewish Hospital and Barnes-Jewish her entire adult life,” Dianne says. “She arrived at Jewish Hospital at 18 years old to go to nursing school there, and she never left.”



Peggy Wehking and Dianne Benz

A Scholarship Idea is Born

When Dianne met George Holland, chair of the Barnes-Jewish College Alumni Advisory Council, at Goldfarb’s Homecoming celebration in 2016, Dianne was inspired to start a scholarship in Linda’s memory. George introduced her to Eric Barkley, director of philanthropy development at the Foundation, who helped guide Dianne through the scholarship process.

“The words came out of my mouth like magic that I’d like to set up a scholarship for a dear friend of mine, which was Linda,” says Dianne.

Dianne brought together a group of alumni, friends and family who knew and loved Linda — including Linda’s cousin Patricia Biggerstaff, and fellow Jewish Hospital School of Nursing alumni Vicki Daniel, Kathleen (Kass) Meyer, and Charlene Werling. They pooled their contacts and put together a plan.


“Linda’s friends and I decided to make a list of people we thought we could contact to approach for donations,” Dianne says. “Some of the people were folks outside the hospital, but they were all connected to Linda in some way.”

Their enthusiasm ignited a heartwarming spirit of generosity. Over the course of a year, the group has raised more than \$41,000 and is looking forward to exceeding their goal to endow the scholarship.

“We’re all looking forward to the day the first scholarship is awarded,” Dianne says. “It will continue Linda’s passion for educating new nurses, and it will keep Linda’s name and memory alive.”



Ira Kodner, MD, and alumni gather to raise money for the Linda A. Stamm Memorial Nursing Endowed Scholarship.

 If you would like to contribute to the Linda A. Stamm Memorial Nursing Endowed Scholarship, please use the enclosed envelope, call 314.286.0600 or visit www.FoundationBarnesJewish.org.

Create a Legacy

By creating a scholarship at Goldfarb School of Nursing or making an estate gift, you will impact the futures of some of the best and brightest nursing students for generations to come. These gifts provide creative and flexible arrangements that allow you to realize your charitable and financial goals, while supporting the critical work of Goldfarb.

If you are interested in discussing some of these gift options, contact Joan Cheaney at 314.286.0704, or joan.cheaney@bjc.org.

Our Donors *Make Dreams Possible*

The following list is so meaningful to Goldfarb School of Nursing at Barnes-Jewish College and The Foundation for Barnes-Jewish Hospital. These individuals were the “dream catchers” of 2017. They all made a gift during the 2017 calendar year (Jan. 1 through Dec. 31) to Goldfarb. We are grateful and honored to call them Goldfarb donors. Thanks for turning dreams into reality for our students, faculty, and staff!

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Captain Jeremy Nelson, BSN, RN
Distinguished Alumni Honoree, Class of 2012

Takes Flight in Aeromedical Evacuation

Though Captain Jeremy Nelson's mother was a registered nurse and his father was a rock musician who later became an EMT and a licensed practical nurse, a career in nursing was far from Nelson's mind.

Nevertheless, Nelson's friends and family continually noted the characteristics that would make him a great nurse: compassion, patience, intelligence. Slowly, Nelson warmed up to the idea, and he enrolled at Goldfarb School of Nursing at Barnes-Jewish College.

Now, Nelson serves as a flight nurse and Medical Crew Director (MCD) in the Air Force's illustrious Aeromedical Evacuation Group. This elite corps is tasked with transporting the sick and wounded from battlefields or remote locations to medical centers where they can receive the next level of lifesaving care. It is a fast-moving, fast-changing job, and Nelson has to be ready to leave at almost any moment for any location in the world, bearing the responsibility to transport his patients safely, often out of dangerous or unpredictable situations.

None of this was on Nelson's radar when he arrived at Goldfarb, but as graduation approached, his mind turned to the military. "Part of the point of being a nurse is to give back to people who are the most vulnerable," he says. "What better way to do that than to help the people who are making sure that we can enjoy our liberty?"

After completing officer's training for the Air Force, Nelson became a clinical nurse at Langley Air Force Base in Virginia. He was responsible for optimizing patient outcomes and maximizing the hospital's resources as a data analyst, and was later assigned to the post-anesthesia care unit. He also worked as an instructor, teaching base personnel emergency life support techniques. At his next post at Incirlik Air Base in Turkey, Nelson was a clinical nurse and continued teaching while also serving as the liaison for other NATO personnel.

When selecting his next post, Nelson was intrigued by the intensity and demands of aeromedical evacuation. He applied and was admitted to the highly selective program.

After completing the demanding training, which included water survival drills for crashes at sea and the classified Evasion, Conduct After Capture (ECAC) course, Nelson received his wings as an aeromedical evacuation nurse and officially joined the 375th Aeromedical Evacuation Squadron at Scott Air Force Base in Belleville, Ill.

The job is demanding, working on retrofitted transport planes, with little recourse in the event of medical or aircraft emergencies. Despite the sometimes



"Part of the point of being a nurse is to give back to people who are the most vulnerable. What better way to do that than to help the people who are making sure that we can enjoy our liberty?"

— CAPTAIN JEREMY NELSON, BSN, RN

extreme circumstances, patients have a remarkable 98.9 percent survivability rate once they enter the care of Air Force aeromedical evacuation nurses.

Nelson has completed his first patient missions, and has recently been deployed. "Downrange, near the battlefield, is where things are going on," he says. "That's where the rubber meets the road, and that's where people really need the care."



Watch Nelson's story at gson-ne.ws/6f

Patricia Eckart, RN
Distinguished Alumni Honoree, Class of 1958

Continuing Her Lifelong Commitment

Pat Eckart unexpectedly found her way into the inaugural class of the Barnes Hospital School of Nursing in 1955. Prior to enrolling, Eckart had considered a nursing program in Chicago until a cousin spoke of his experience at Children's Hospital in St. Louis, a great institution in affiliation with the new nursing school. She applied and was accepted.

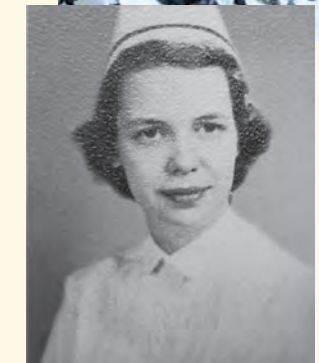
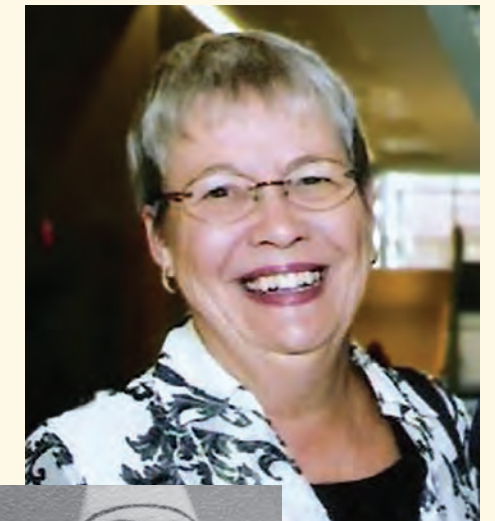
Growing up in Lawrence, Kansas, toward the end of the depression era heightened Eckart's awareness of human need. As a child she always enjoyed helping others. After working as a nurse's aide in high school, and attending the University of Kansas for two years, she realized a nursing career would give her the chance to combine her interest in medicine and her passion for public service, a quality that has defined her professional and post-professional career.

Eckart recalls the tight discipline in the nursing program while attending Barnes, and credits the rigor for the precision she has brought to her own practice through the decades. She recounts an example from her time working at Children's Hospital. "If we had to give a child heart medication, our supervisor made us provide the complete formula for how we arrived at the dosage. It didn't matter if we'd given the same medication the night before, we had to go through the whole thing," Eckart says. "She was hard-nosed, but we learned."

After graduating with honors in 1958, Eckart took some time to begin a family. After returning to nursing, she was quickly recognized for her management prowess, and was tapped to be nursing director at a 100-bed geriatric skilled-nursing facility in West Covina, Calif. "It was my first time being that accountable and responsible, dealing with not only the patients, but also dealing with the staff and doctors," Eckart says. "I really loved it, and I loved the patients."

Eckart was soon recruited to run the nursing department for a multiple-facility medical center nearby. She later took over discharge planning and utilization at a 275-bed acute care hospital, Intercommunity Medical Center (ICM) in Covina, and was promoted to Director of Patient Services. In 1989, when understanding and acceptance of the hospice movement was becoming more widespread, Eckart was instrumental in the creation of just the second freestanding, hospital-based hospice unit in the nation at ICM.

Throughout her career, Eckart has always been active in the community in a variety of ways, including working at homeless shelters and putting her nursing and managerial skills to work for nonprofit organizations and those in need. After retiring and moving to Arkansas, Eckart was recruited to serve as a special advocate for abused and neglected children, representing the children in the court system to advocate for their welfare. For the past 10 years, Eckart and her husband have been working with Laborers for Christ, traveling across the country to build churches, schools and daycare centers for communities in need. Eckart provides nursing care to the workers and others onsite. Last year, the Eckarts worked for four months in Southern California remodeling homes for disabled adults, and also recently worked on a 13,000 square foot daycare facility in Tulsa, Oklahoma.



1955 Yearbook:
PATTY STEEN
Honors, Choir, Choral Festival Chairman, Volleyball, Basketball, Newspaper Staff, Big-Little Sister Chairman, Annual Staff, Third District Representative

Eckart has received numerous recognitions for her extraordinary public service. She was named a Paul Harris Fellow by the Rotary Club, and won the Governor's Volunteer Excellence Award for her service to the citizens of Arkansas. She also works with the Kiwanis Club to provide Christmas gifts for children in foster care each year, among her other many charitable activities.

In her early 80s, Eckart has no plans to give up nursing. "I keep my nursing license up to date. We are hoping for good health so we can continue traveling to other service building projects."

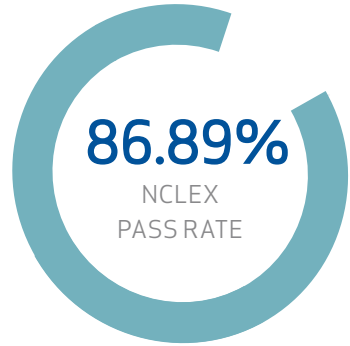


Watch Eckhart's story at gson-ne.ws/6e



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Casida, J., and **Wu, H.S.**, Abshire, M., Ghosh, B., and Yang, J. (2017). Cognition and adherence are self-management factors predicting the quality of life of adults living with a left ventricular assist device. *The Journal of Heart and Lung Transplantation*, 36(3), 325-330.

PRESENTATIONS

Beyatte, M.B. (2017, October). *Assessment of Laboratory Ordering Protocol Adherence in the Intensive Care Unit*. 11th Annual Multidisciplinary Research Conference, Barnes-Jewish Hospital, St. Louis.

Beyatte, M.B. (2017, November). *Nurse Practitioner Scope of Practice*. Greater St. Louis Area Chapter of Medical Staff Service Professionals 2017 Fall Conference, SSM Health St. Clare Hospital, St. Louis.

Birk, D. (2017). *Nurses on Boards*. Missouri Hospital Association/Missouri Organization of Nurse Leaders Annual Meeting. Osage Beach, Mo.

Hageman, H., Grice, G., Awad, M. Berry, T., **Burke, S.D.**, **Davis, J.** and Whelan, A. (2017, March). *Development of a cross-institutional center for interprofessional practice and education*. Poster presented at the National Academies of Practice Annual Meeting and Forum, Philadelphia.

Hageman, H., Grice, G., Awad, M. Berry, T., **Burke, S.D.**, **Davis, J.** and Whelan, A. (2017, November). *Development of a cross-institutional center for interprofessional*

2017 IN REVIEW

GOLDFARB SCHOOL OF NURSING AT BARNES-JEWISH COLLEGE

BSN: 396

MSN: 37

DNP/PhD: 2

Degrees awarded
in nursing



2 Campus Sites

Duncan Campus Site
on Washington University
Medical Campus

West Campus Site
at Missouri Baptist
Medical Center

Academic Partnerships

- BJC Healthcare
- Barnes-Jewish Hospital
- Center for Interprofessional Practice and Education at Washington University Medical Campus
- Christian Hospital
- Missouri Baptist Medical Center
- St. Louis Children's Hospital
- St. Louis College of Pharmacy
- Washington University and over 20 clinical sites



practice and education. Poster presented at the Barnes-Jewish Hospital annual research conference: St. Louis.

Diesel, H. (2017, October). *Development of a Cross-Institutional Center for Interprofessional Practice and Education*. 11th Annual Multidisciplinary Research Conference at Barnes-Jewish Hospital, St. Louis.

Diesel, H. (2017, August) *What it Means to be a Teacher in the Clinical Environment*. The Missouri Hospital Association – Clinical Faculty Academy, St. Louis.

Fliesher, S., Curtis, M., and Farberman, S. (2017, May). *Target Teaching Homeless Mothers Child Safety Hazard Education Using Simulation*. Poster presented at the Sigma Theta Tau Research Day, St. Louis.

Fliesher, S. (2016, December). *Vulnerable Children in the St Louis Area: Toxic Stress and Health*. Presentation to the Community Advisory Board of the Center for Community Health Partnerships and Research/Institute for Public Health and Institute of Clinical and Translational Science at Washington University, St. Louis.

Fliesher, S. (2016, December). *Target Teaching Homeless Mothers Child Safety Hazard Education Using Simulation*. Presentation at the St. Louis Chapter of the National Association of Pediatric Nurse Practitioners meeting, St. Louis.

Frain, J., Wu, H.S. (2017, May). *Differences in depression between breast cancer patients and persons living with HIV*. Accepted as a late-breaking abstract for Oncology Nursing Society's 42nd Annual Conference, Denver. (podium presentation)

Frain, J. (2017, March). *An Investigation into the Association between Sleep and Depression in a Population of Older Adults Living with HIV*. Accepted for presentation at the Midwest Nursing Research Society's Annual Conference, Minneapolis. (podium presentation)

Frain, J. (2017, March). *"Brain Games" as a Means of Improving Cognitive Function: Self-care for Adults Living with HIV: A Pilot Study*. Accepted for presentation at the Midwest Nursing Research Society's Annual Conference, Minneapolis. (podium presentation)

Frain, J. (2017, June) *Exploring Disrupted Sleep in A Population of Older Adults Living with HIV*. Presented at Sleep 2017, the Annual meeting of the Associated Professional Sleep Societies. Boston. (poster presentation)

Henrichs, B. (2017, March). *How to Improve Medication Safety in the OR*, Wisconsin Association of Nurse Anesthetists Spring Meeting, Wisconsin Dells, Wis.

Henrichs, B. (2017, March). *Interesting Anesthetic Cases and Solutions*, Wisconsin Association of Nurse Anesthetists Spring Meeting, Wisconsin Dells, Wis.

Henrichs, B. (2017, April). *Using Remifentanyl in the Surgical Setting*, Washington Association of Nurse Anesthetists Spring Meeting, Seattle.

Henrichs, B. (April 2017). *Muscle Relaxation and Postoperative Residual*, Missouri Association of Nurse Anesthetists Spring Meeting, Springfield, Mo.

Henrichs, B. (2017, August). *What Can the CRNA Do to Decrease Medication Errors in the Surgical Patient?* Oklahoma Association of Nurse Anesthetists Fall Meeting, Oklahoma City.

Henrichs, B. (2017, August). *Using Dexmedetomidine in the Surgical Patient*, Oklahoma Association of Nurse Anesthetists Fall Meeting, Oklahoma City.

Henrichs, B. (2017, September). *Negative Intraoperative Behaviors: Reporting to Management and Satisfaction with Management's Response*. Nurse Anesthesia Annual Congress, Seattle. (Oral presentation and poster presentation)

Jett, K. (2017). *Asthma Overview*. Asthma Educator Institute, American Lung Association.

Kush, C. (2017, September). *Atypical Clinical Presentation in the Geriatric Population*. Saint Louis University School of Nursing 20th Annual Advanced Practice Nursing Workshop and Conference, St. Louis University School of Nursing, St. Louis.

Kush, C. (2017, October). *Preventing Avoidable Hospital Readmissions in Long-Term Care: The Effects of a Quality Improvement Project using INTERACT II*. 11th Annual Multidisciplinary Research Conference, Eric P. Neuman Ctr, Washington University Medical Center, St. Louis.

Mueggenburg, K. (2017, April). *The Importance of Reflection When Learning to Facilitate Advance Care Planning Conversations*. Midwest Nursing Research Conference (MNRS), Minneapolis. (poster presentation)

Mueggenburg, K. (2017, July). *Leading with our Values' 'Leadership Styles' and Feedback that works*. National Hospice and Palliative Care Organization-Arkansas Hospice Association, Little Rock, Ark. (podium presentation)

Mueggenburg, K. (2017, August). *Manager Development*. National Hospice and Palliative Care Organization- Ohio Hospice and Palliative Care Organization, Columbus, Ohio. (podium presentation)

Mueggenburg, K. (2017, August). *Universal Precautions and Hand washing for Volunteers*. Hospice and Homecare Webinar Network, National Webinar.

Newland, P., Oliver, B., Salter, A., Dean, E., (2017, October). *Pilot study of real time longitudinal fatigue and depression monitoring in patients with multiple sclerosis (MS)*. Podium presented at the 44th Annual Sigma Theta Tau Biennial Convention, Indianapolis.

Newland, P., Salter, A., Thomas, F.P, and Maloni, H. (2017, May). *Event related potentials and fatigue in people with MS*. Poster presented at the Annual Americas Committee on Treatment and Research in Multiple Sclerosis (ACTRIMS) Convention, New Orleans.

Newland, P. (2017, April). *Fatigue and other symptoms, do they cluster?* Podium presented at the Midwest Nursing Research Society, invited symposia, Minneapolis.

Otey, T. (2017, April). *Faith Community Nursing Education in Nigeria as Preparation for Community Based Participatory Research*. GANES Conference: Catalyzing Nursing Education and Scholarship for Global Health, Miami. (oral presentation)

Otey, T. (2017, May). *Empowering Interprofessional Team to Address the Healthcare Needs in Nigeria through Community-based Participatory Research*. Tau Iota Research Day. Goldfarb School of Nursing, St. Louis. (poster presentation)

Otey, T. (2017, October). *Empowering Interprofessional Team to Address the Healthcare Needs in Nigeria through Community-based Participatory Research*. Multidisciplinary Research Conference, Eric P. Newman Education Center, St. Louis. (poster presentation)

Otey, T. (2017, November). *Empowering Interprofessional Team to Address the Healthcare Needs in Nigeria through Community-based Participatory Research*. 44th Biennial Convention Sigma theta Tau International, Indianapolis. (oral presentation)

Ward, M. (2017, November). *Current Status of Post-Primary Credentials: Benefits versus Disadvantages*. The 17th Annual Meeting and 2017 Taiwan Association of Medical Radiation Technologists (TAMRT) International Forum, Key Note Speaker. Kaohsiung Veterans General Hospital, Kaohsiung, Taiwan.

Wu, H.S., Davis, J. (2017, June). *Sleep patterns and chronotypes in women newly diagnosed with breast cancer*. The 31th Annual Meeting of the Associated Professional Sleep Societies, Boston.

Wu, H.S., Davis, J. (2017, April). *Impact of comorbidity on sleep quality in women with breast cancer*. The 41th Annual Midwest Nursing Research Society (MNRS) Research Conference, Minneapolis.

Smith, J. (2017, August). *Managing Challenging Scenarios in Interprofessional Small Group Facilitation*. Center for Interprofessional

Practice and Education at Washington University Medical Center, Lewis and Clark College, Godfrey, Ill. (podium presentation)

Smith, J. (2017, September). *Managing Challenging Scenarios in Interprofessional Small Group Facilitation*. Center for Interprofessional Practice and Education at Washington University Medical Center, St. Louis. (podium presentation)

Smith, J. (2017, October). *Assessment of Delirium in Older Adults in the Emergency Department: A Review of the Literature*. 11th Annual Multidisciplinary Research Conference, Washington University Medical Center, St. Louis. (poster presentation)

Smith, J., McConachie, A. (2017, October). *Use of the Relational Communication Scale (RCS) to rate interprofessional team behaviors and coach teams for success*. Center for Interprofessional Practice and Education at Washington University Medical Center, Collaborating Across Borders VI, Banff, Canada.

Van Aman, M. N. (2017, October). *Compassion Fatigue: Incidence and Prevalence*. Poster Presentation at the Sigma Theta Tau International Biennial Convention, Indianapolis.

RESEARCH GRANTS

Project name: *Effects of bright light on co-occurring cancer-related symptoms in breast cancer survivors: A personalized intervention*
Fund name: National Institute of Nursing Research of the National Institutes of Health (R15NR016828)
Dates: 9/20/2017-8/31/2020
Principal Investigator: **Hong-Shiuan Wu**
Funding amount: \$394,596.00

Project name: *Nurse Anesthesia Traineeship Grant*
Fund name: HRSA NAT Grant
Dates: July 1, 2017-June 30, 2018
Principal Investigator: **Bernadette Henrichs**
Funding amount: \$12,927.00

Fund name: International MS Nurses Foundation Research Grant
Principal Investigator: **Pam Newland**
Funding amount: \$900.00

Project name: *Use of Pressure Sensors in the Cardiovascular Recovery Care Unit to Prevent Pressure Injuries*
Fund name: Office of Nursing Research Pilot Grant and Missouri Baptist Faculty Grant Program
Principal Investigator: **Mary P. Curtis** and Kathy Leach
Funding amount: \$38,000.00

Project name: *Understanding Disrupted Sleep and its Implications on Symptoms for Older Adults Living with HIV*
Fund name: Sigma Theta Tau International/ National Gerontological Nursing Association Research Grant
Principal Investigator: **Judy Frain**

Project name: *Setting Parameters for Healthcare Research in Rural Nigeria*
Fund name: Office of Nursing Research Pilot Grant
Dates: August 14-September 2, 2017
Principal Investigator: **Tamara D. Otey**
Funding amount: \$10,000

Project name: *Improving Nursing Assessment and Treatment of Dyspnea Using the Respiratory Distress Observation Scale (RDOS)*
Fund name: Missouri Baptist Research Project
Dates: IRB approval April 18, 2017-ongoing
Principal Investigator: **Tamara D. Otey**
Co-Principal Investigator: Caryn Rosen
Funding amount: \$10,000





APPOINTMENTS

Deborah Birk, appointed to the Board of Directors of Queen of Peace Center (Catholic Charities Organization) (2017)

Judy Frain, promoted to Associate Professor from Assistant Professor (2017)

Nancy Ridenour, appointed STTI Foundation Board of Directors in 2017 (2018-2022)

Nancy Ridenour, appointed University of New Mexico Foundation Board of Directors

Judith Smith, Chair of Curriculum Committee (Fall 2017- Fall 2018)

Judith Smith, Professional Development Lead for Center for Interprofessional Education and Practice, Washington University (Fall 2016-present)

Judith Smith, Reviewer for International Journal of Nursing Knowledge (September 2017- present)

Judith Smith, ATI Champion (Summer 2017- present)

Michael Ward, Association of Educators in Imaging and Radiologic Sciences - ISRRT Liaison (2017-2018)

AWARDS

Wanda Cummings, Living Our Values Award for Staff Excellence (Dec 2017)

Holly Diesel, June Cowell-Oates, Gretchen Drinkard, Michael Ward, Adam Colvin, Wanda Cummings, Dettra Fields, Barcus Jackson, Sue McAtee, Deborah Mettlach,

Terri Montgomery, Kathy Morris, Carlos Pardo, KC Riley, Karen Sartorius, Team Award For Quality Improvement for "Goldfarb Compliance Project Team" at Barnes-Jewish Hospital in St. Louis (2017)

Kelly Fleming, Missouri Association of Student Financial Aid Personnel, Committee of the Year Award at The State Association's 50th Anniversary Committee (November 2017)

Kelly Fleming, Missouri Association of Student Financial Aid Personnel, Committee of the Year Award at The State's Archives Committee (November 2017)

Susie Fliesher, Barnes-Jewish College Dean's Award for Excellence in Service (December 2016)

Bernadette Henrichs, AANA Program Director of the Year (September 2017)

Bernadette Henrichs, March of Dimes Nominee for Educator Award (November 2017)

Katherine Hufker and Martha Hoffman, The 2017 Champions for Children Award at the 2017 Southside Early Childhood Center Annual Gala and Auction (March 2017)

Sara Kimmel, Ruth G. Franc Award for Excellence in Classroom Teaching (December 2017)

Racquel Manuel, Administrative Professional of the Year Excellence Award Honorable Mention (October 2016)

Pam Newland, Travel Award with Agnes Marshall Walker Foundation (AMWF) American Association of Neuroscience Nurses

Sharon Ward, Ruth G. Franc Award for Excellence in Classroom Teaching (December 2016)

EDUCATIONAL ADVANCEMENTS

Beth Beyatte, DNP, RN, ACNP-BC, Doctorate of Nursing Practice

Judy Frain, Masters of Science in Clinical Investigation as the completion of post-doctoral program from Washington University School of Medicine

Renee Gorrell, Academy of Health Information Professionals (AHIP) certification from the Medical Library Association (February 2017)

Kay Mueggenburg, recertified as Hospice and Palliative Care Nurse (CHPN) for 3 more years with Hospice and Palliative Credentialing Center

Kay Mueggenburg, facilitator certificate with Respecting Choices- C-TAC for First Steps Springfield, MO (January 2017)

Kay Mueggenburg, instructor certification to teach facilitators with Respecting Choices- C-TAC for First Steps Springfield, MO (February 2017)

Curtis Smith, completed the St. Louis Business Diversity Initiative Fellows program (September 2017)

Angela Spencer, Academy of Health Information Professionals (AHIP) certification from the Medical Library Association (December 2017)

New Faculty and Staff

Djuan Coleman, vice dean of finance and administration

Sarah Bundren, instructor

Rasheda Pippens, adjunct faculty

Carmella Clark-Gray, simulation specialist

Joseph Etling, customer accounting rep

Patricia Jarosz, professor

Linda Noll, assistant professor

Lacee Kaufmann, adjunct faculty

Valerie Bruce, library assistant

Patrick Mayfield, adjunct faculty

Patricia Lacy, adjunct faculty

Jeanne Drummer, simulation support tech

Kathleen Lane, registration data specialist

Daniel Daly, adjunct faculty

Heather Sloan, adjunct faculty

Jennifer Seigel, adjunct faculty

Kathy Mertz O'Brien, adjunct faculty

Michelle Pfau, technical specialist

Holly Allen, financial aid advisor

Joi Haire, financial aid advisor

Sarah Stuhlman, instructional technology specialist

Shanell White, adjunct faculty

Mikie Rachman, adjunct faculty

Kathryn Jenks, adjunct faculty

Angela Ruffino, adjunct faculty

Julia Williams, adjunct faculty

Amy Hanson, adjunct faculty



DID YOU KNOW?

Goldfarb Hall (Duncan Campus Site) is located on Washington University Medical Campus in St. Louis.

Goldfarb School of Nursing at Barnes-Jewish College

Board of Trustees*

- Jack Cahill**
Retired, Edward Jones
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- Coreen R. Vlodarhyk**
Vice President of Patient Care Services and Chief Nurse Executive, Barnes-Jewish Hospital

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- Brenda G. Ernst**
- Ronald G. Evens**
- Zella M. Harrington**
- Anna M. Harris**
- Harvey A. Harris**
- Joseph Privott**
- Peggy G. Ross**
- Marcia N. Shapiro**
- Donald M. Suggs**

Alumni Advisory Council*

- George Holland**, '06, Chair
- Julie Lewis**, '11, Chair Elect
- Marilyn Baumann**, '83, Past Chair
- Penny Bari**, '61
- Beverly Ervin**, '60
- Markeita Moore**, '83
- Jennifer Tice Williams**, '06, '07, '14
- Cady Riechmann**, '15

Faculty Representatives

- Xiumei Lin**, '06, '09, assistant professor
- Julie Spencer**, '09, assistant professor

Student Representatives

- Patrick Kovic**, Goldfarb Men Excelling in Nursing (GMEN) president
- Amy Gemmell**, Student Council president
- Mindie Schwenk**, Student Nurses Association president

Staff Representatives

- Eric Barkley**, development director
- June Cowell-Oates**, director of alumni affairs and program officer for student affairs and diversity
- Marilyn Sheperd**, major gift officer

To nominate yourself or a classmate to be an alumni advisory council member, fill out and submit a Barnes-Jewish College Alumni Advisory Council nomination form. Contact Dr. June Cowell-Oates at june.cowell-oates@bjc.org or 314.454.8694 with any questions about the council or to request a nomination form.

* as of fall 2017

2017 Homecoming September 29, 2017

On Friday, September 29, 2017 the Barnes-Jewish College Alumni Association and the 2017 Homecoming Planning Committee hosted the annual homecoming event. The theme of *Caring Ways* celebrated the College and community — an important value of Goldfarb School of Nursing at Barnes-Jewish College. It embodies how alumni, students, faculty and staff flourish when serving the community together.

Homecoming attendees spent most of their day volunteering at onsite and offsite service projects. Onsite projects included creating postcards and magnets carrying comforting messages for patients at local hospitals and assembling care packages for families with newborns being treated in local NICUs. At the West Campus site, attendees also assembled care packages and helped organize donations at offsite locations, including Kingdom House and the International Institute of St. Louis.

At the homecoming lunch, Patricia Steen Eckart (class of 1958) and Jeremy Nelson (class of 2012) each received the Alumni Association's 2017 Distinguished Alumni Award. Their service and dedication to the nursing profession, and to the community they serve, truly reflect the school's commitment to *Caring Ways*.



Alumni Patrick Kovic and George Holland enjoying being back on campus and catching up with fellow attendees.

Keynote speakers Patrick White, MD, chief medical officer for BJC Hospice; and Colleen Gilmore, RN, MSN, ANP-BS (class of 1984 and 2009), nurse practitioner with BJC Hospice, underscored *Caring Ways* in their presentations highlighting BJC's hospice program and the value nurses bring to the program.

The day ended with a celebration including food, dancing and prizes.

"From start to finish, we all worked together to plan, support and attend homecoming," says June Cowell-Oates, EdD, LPC, LCSW, CEAP, director of alumni affairs and program officer at Goldfarb.

"We can all feel proud that we are part of a college that is a thriving and vital destination for nursing education. It is rewarding to watch the Goldfarb community work together for its own benefit and the benefit of the St. Louis community."



Students gather to take part in the 2017 Homecoming activities.

Save the date for the 2018 Homecoming celebration:
Friday, September 28

Visit BarnesJewishCollege.edu/Homecoming

2017 Reunions April 23, 2017

Graduating Classes of 1992
and 1967 Return For Reunion

On Saturday, April 23, 2017, Goldfarb School of Nursing at Barnes-Jewish College hosted its 25th and 50th reunions for the 1992 and 1967 graduating classes. Each year, the Barnes-Jewish College Alumni Association holds this special event in conjunction with the school's spring commencement ceremony.

Goldfarb values its alumni relations, so the school's Alumni Association takes great pride in planning these annual reunions. The event creates a tremendous opportunity for alumni to come back together to reconnect, reminisce and recall the steps they took on their path to a career in nursing. Likewise, the reunions serve as the perfect platform to recognize alumni's contributions to the school and to the nursing profession.

"It was a truly special event, as the annual reunions are an important time for us to honor our alumni," says June Cowell-Oates, EdD, LPC, LCSW, CEAP, director of alumni affairs and program officer at Goldfarb.



Alumni return from the spring 2017 commencement ceremony, excited to reconnect with fellow classmates at their class reunion.



Graduates from the Class of 1967 are given corsages to celebrate their graduation from nursing school 50 years ago.

"We strive to maintain close contact with our alumni and recognize them for their achievements, and these events also give alumni the chance to renew their relationships with their fellow classmates."

Karen Bess, who celebrated her 50th reunion, was excited to attend another Alumni Association event, particularly one celebrating this milestone. After graduation, Bess worked at Barnes-Jewish Hospital, where she stayed for 48 years before retiring in 2014. She is still close with many of her nursing school classmates, and knowing how special the alumni reunions are, she was eager to attend, encouraging her former classmates to join her.

"My favorite part of the event was visiting with classmates, but truly every aspect of the program was wonderful," says Bess. "I loved reliving our graduation experience as we watched the spring class of 2017 graduate. It was inspiring to see the new grads so excited and remembering what that day was like 50 years ago."

Denise Chastain, who celebrated her 25th reunion, said her favorite part of the reunion was the memory book. "I loved reading the stories of each person's life and career over the years.

It was nice to reconnect with those same people in person." Chastain plans to attend future events hosted by the Alumni Association.

Christy Hays, a nurse at Barnes-Jewish Hospital, also celebrated her 25th reunion. "My favorite part of the reunion was simply catching up and talking in the foyer of the school."

During the spring commencement ceremony, both reunion classes sat together and were recognized as Goldfarb's special guests. Following commencement, the alumni returned to the school for the annual medallion ceremony and luncheon. Gretchen Drinkard, PhD, RN, interim dean, spoke at the event where every alumnus received a medallion featuring the college seal on the front and their graduation year on the back.



Check out photos from the 25th and 50th class reunions, and other alumni events, at gson-ne.ws/2d

New DNP and MSN programs NOW ENROLLING

Improve Outcomes and Affect Change



Doctor of Nursing Practice

Goldfarb School of Nursing at Barnes-Jewish College is excited to offer a Doctor of Nursing Practice (DNP) degree for MSN-prepared registered nurses. In addition to advancing knowledge and strengthening career prospects, a DNP degree offers a chance to directly improve outcomes in a wide range of health care settings.

► Learn more at BarnesJewishCollege.edu/DNP

PROGRAM LENGTH: 2 Years
ADMISSIONS DEADLINE: Rolling
TERM START: Spring/Summer/Fall
COURSES: All Online

Master of Science in Nursing Health Systems and Population Health Leadership Concentration

The Goldfarb School of Nursing at Barnes-Jewish College offers the Master of Science in Nursing Health Systems and Population Health Leadership Concentration for BSN-prepared registered nurses who want to advance their skills and career in ways that impact health care delivery.

► Learn more at BarnesJewishCollege.edu/Leadership

PROGRAM LENGTH: 20-months full-time; 27-months part-time
ADMISSIONS DEADLINE: Rolling
TERM START: Fall/Spring/Summer

A post-master's certificate is also available to MSN-prepared registered nurses who are looking to expand or change their role in the advance practice nursing field.

TRAVEL ADVENTURES

ALUMNI CRUISE
June 7-16, 2018

The Barnes-Jewish College Alumni Association sets sail in 2018 on a 7-night Alaskan Glacier Cruise.

The first Travel Adventures event will take alumni and friends on an up-close and personal cruise to some of Alaska's most famous and gorgeous scenery.

Learn more about the College's Travel Adventures, and other upcoming events for alumni, by visiting: BarnesJewishCollege.edu/Alumni



Goldfarb School of Nursing
at Barnes-Jewish College
4483 Duncan Ave.
St. Louis, MO 63110



LET'S STAY IN TOUCH

It's easy to keep track of what's happening at Goldfarb School of Nursing. You can find us here:

-  barnesjewishcollege.edu
-  barnesjewishcollege.edu/blog
-  facebook.com/barnesjewishcollege
-  twitter.com/goldfarbnursing
-  Search "Goldfarb" on LinkedIn

And because we like to stay in touch with our graduates, we hope you'll update your contact information online; visit BarnesJewishCollege.edu/StayInTouch.

SAVE *the* DATE

9.28.18

2018 HOMECOMING

FRIDAY, SEPTEMBER 28, 2018
ST. LOUIS, MO

For more information, visit
BarnesJewishCollege.edu/Homecoming.