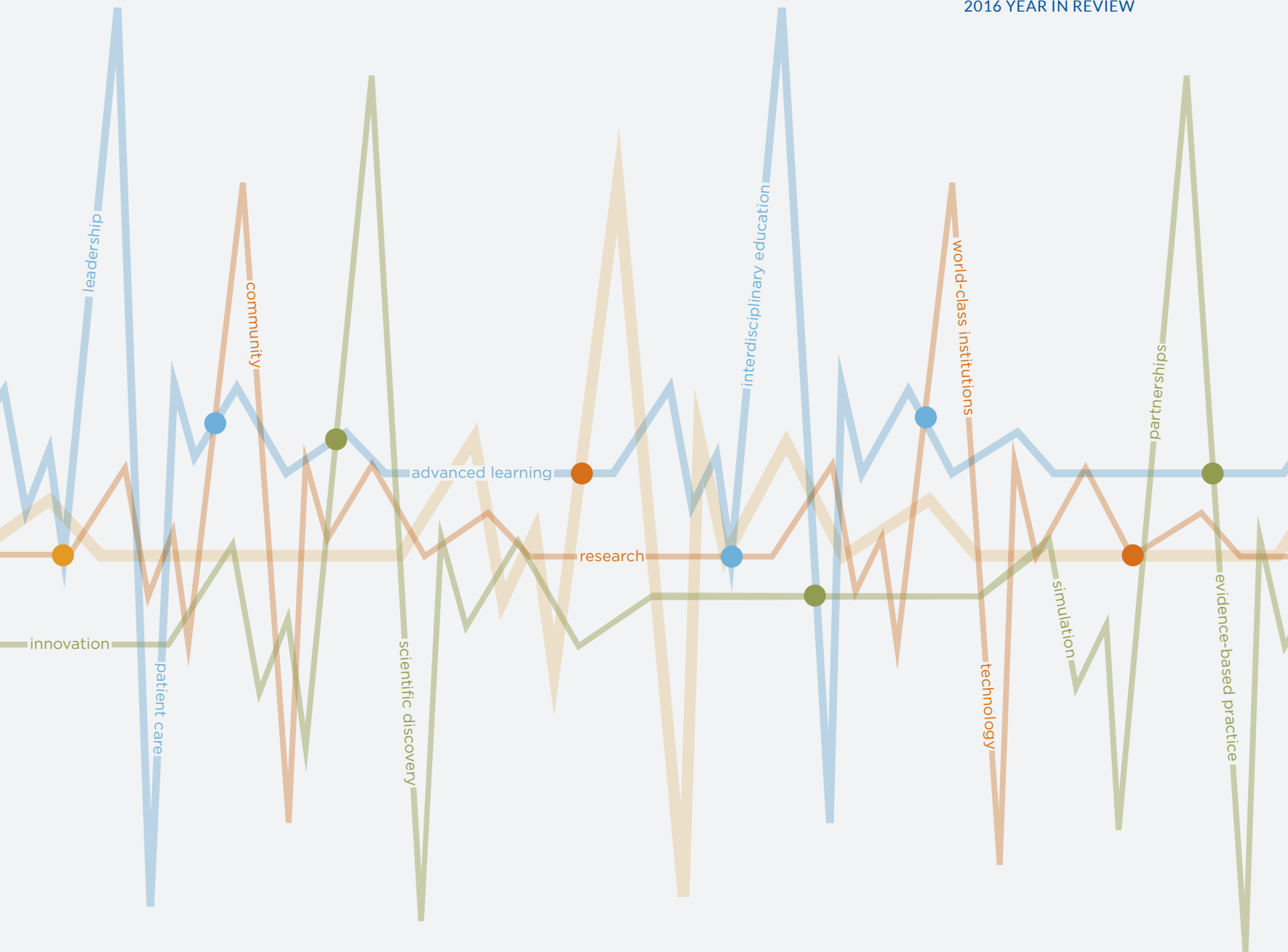


# GOLDFARB

GOLDFARB SCHOOL OF NURSING AT BARNES-JEWISH COLLEGE

2016 YEAR IN REVIEW



joined in purpose  
a network of community and collaboration

# joined in purpose

At Goldfarb School of Nursing at Barnes-Jewish College, we partner with world-class health care and educational institutions to support our mission of advancing learning, research and innovation within the nursing profession. We also work alongside nonprofit organizations, exposing our students to more diverse health care settings while positively impacting lives within the community. Through these collaborative efforts, we prepare highly capable and compassionate nurses in a rich, inspiring environment, ultimately enhancing patient outcomes.

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GOLDFARB Magazine is published annually by Goldfarb School of Nursing at Barnes-Jewish College for alumni, friends and the community.

With a legacy that began in 1902, Goldfarb School of Nursing at Barnes-Jewish College has a strong tradition of educating health care professionals in St. Louis.

Goldfarb School of Nursing is located on the campus of Washington University Medical Center in St. Louis and is affiliated with Barnes-Jewish Hospital, with a site at Missouri Baptist Medical Center. Goldfarb School of Nursing has nationally recognized educational facilities with state-of-the-art classrooms, lecture halls and sophisticated clinical simulation institute labs with patient simulation mannequins and exam rooms that provide high-tech, advanced nursing care experiences.

Goldfarb School of Nursing at Barnes-Jewish College is accredited by the Higher Learning Commission (HLC) of the North Central Association and the Commission on Collegiate Nursing Education (CCNE), and is approved by the Missouri State Board of Nursing and Higher Education Commission.

To learn more about Goldfarb School of Nursing at Barnes-Jewish College, visit [BarnesJewishCollege.edu](http://BarnesJewishCollege.edu).

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## FROM THE INTERIM DEAN:

It is certainly an exciting and challenging time to be in nursing education. For twenty-first century health care system demands, individuals entering nursing practice must be prepared to understand and utilize evidence-based practice and nursing research. We must prepare nurses to become nurse scientists, studying our practice and improving outcomes for our patients. Nurses are also increasingly leading the way in the care of vulnerable and underserved populations.

At Goldfarb School of Nursing at Barnes-Jewish College, we are creating an environment that embraces these health care system needs, forging collaborative relationships in a variety of health care settings and in the community.

In this issue of GOLDFARB Magazine, we share several partnerships that are currently underway, and a few others that are coming soon. From a joint research appointment with the nursing and research staff at Missouri Baptist Medical Center, to a Goldfarb co-sponsored symptom science genetic data bank project at Siteman Cancer Center, to ongoing community health projects with the St. Louis nonprofit Kingdom House, our faculty, staff and students are contributing to some remarkable collaborative efforts.

Our research-based initiatives are having a real impact on our student body, as students witness first-hand how nursing research can directly affect patient outcomes. Research in nursing is sparking an interest in the field among young nurses, helping them understand the importance in seeking and understanding the "why" in what we do. While not every nurse becomes a nurse scientist, nurses are increasingly expected to be skillful consumers of nursing science and capable practitioners of evidence-based practice.

Diverse collaborations are important initiatives for schools of nursing to undertake. Through these collaborations, we are living our commitment to the creation of an educational environment that prepares the next generation of nurses — embracing research and community involvement as integral pieces in their preparation for nursing practice.

Another remarkable aspect of these collaborative initiatives is how much has been accomplished in the last

several years. What started as a mission to integrate nursing research into our educational fabric has become a robust platform to engage, educate and discover. It is a testament to the exceptional people we are fortunate to employ at Goldfarb School of Nursing, and the new talent we attract every year.

It is also important to note that our student body, who have demanding academic schedules, have embraced a spirit of volunteerism, which you can also read about in this issue. I applaud the initiative they have shown in these endeavors. There are increasing numbers of career opportunities for nurses that exist outside of the acute care hospital setting, ranging from community development and organization, to public health, care of vulnerable populations and social justice. By way of this community involvement, they're actively exploring diverse career opportunities.

As the interim dean of the college, I am delighted about how much positive movement is underway, and I will do my utmost to continue that momentum until the permanent dean arrives.

In closing, I want to personally acknowledge the effort that goes into pulling together this magazine. It is no simple feat. The contributing faculty, staff, writers, designers and editors who create this publication are true talents, and we are grateful to them for creating this snapshot of 2016. I look forward to what the future holds.

**Gretchen Drinkard, PhD, RN**

Interim Dean, Goldfarb School of Nursing  
at Barnes-Jewish College, Jack Taylor Senior  
Associate Dean for Academic Affairs, Professor

# EBP & clinical research in motion

## Collaboration Yields Positive Patient Outcomes

Through a joint appointment with Missouri Baptist Medical Center, Goldfarb faculty nurse researchers are working alongside the hospital's nursing staff to conduct research and evidence-based practice (EBP) projects. This translational approach to research and EBP is aimed at improving patient safety and impacting new models of care. [CONTINUED»](#)

### GOLDFARB SCHOOL OF NURSING AT BARNES-JEWISH COLLEGE

**Nancy Van Aman, DNP, RN, FNP-BC**  
Assistant Professor  
Goldfarb School of Nursing and  
Missouri Baptist Medical Center



**Tamara Otey, PhD, RN**  
Associate Professor  
Goldfarb School of Nursing and  
Missouri Baptist Medical Center



**Jean Davis, PhD, RN, FAAN**  
Senior Associate Dean for  
Research and Doctoral Studies  
Goldfarb School of Nursing



### MISSOURI BAPTIST MEDICAL CENTER

**Tim Mislán, MS, BSN, RN, NEA-BC**  
Vice President and  
Chief Nursing Executive  
Missouri Baptist Medical Center



**Karen Balakas, PhD, RN, CNE**  
Manager of Research  
and Outcomes  
St. Louis Children's Hospital and  
Missouri Baptist Medical Center



**Kathy Leach, PhD, RN**  
Manager of Research  
and Outcomes  
Missouri Baptist Medical Center



“Understanding and applying the principles of EBP is becoming an essential part of every nurse’s training.”  
 — DR. JEAN DAVIS

At Goldfarb School of Nursing at Barnes-Jewish College, the role of research has expanded rapidly over the last several years. The school has added several doctorally-prepared nurse researchers to the faculty, who conduct groundbreaking studies in patient care. Not only does this research impact patient care, but it also enables the school to provide elective research opportunities for nursing students and bolsters the emphasis on the science of nursing.

Jean Davis, PhD, RN, FAAN, senior associate dean for research and doctoral studies at Goldfarb, views these efforts as an integral component of the school’s mission to be a leader in nursing research and education. “Understanding and applying the principles of EBP is becoming an essential part of every nurse’s training, not just at the graduate level,” says Dr. Davis. “As caregivers, nurses are on the front lines. Equipped with these tools, they can dramatically impact patient care.”

This commitment to research extends outside of the school’s walls, manifesting itself in key academic and clinical partnerships. One such partnership is underway at Missouri Baptist Medical Center, where Goldfarb faculty are educating and supporting staff nurses as they pursue evidence-based practice initiatives.

This EBP Fellowship Program between the school and the 489-bed community hospital in St. Louis County was formalized in 2015, when Nancy Van Aman, DNP, RN, FNP-BC, an assistant professor at Goldfarb, officially split her time between Goldfarb and Missouri Baptist. In addition to conducting her own research projects at the hospital, Dr. Van Aman teaches EBP courses to the Missouri Baptist nursing staff and serves as a mentor on their EBP projects.

“Goldfarb’s strong working relationship with Missouri Baptist isn’t new,” says Dr. Van Aman. “Our faculty have conducted a number of research projects here, and we’ve had a Goldfarb campus site at Missouri Baptist since 2012. This is taking that great collaborative history to the next level, which has already been mutually beneficial for both organizations.”

One of the driving forces behind Missouri Baptist’s EBP and nursing research-focused culture is Missouri Baptist Vice President and Chief Nursing Executive Tim Mislán, MS, BSN, RN, NEA-BC, who is also a member of Goldfarb’s Board of Trustees. Mislán worked closely with Drs. Davis and Van Aman to get the program up and running. He also led a campaign to secure more than \$3 million in funding for the program, which enabled the joint appointments with Goldfarb as well as other EBP and clinical care research projects at the hospital.



DR. NANCY VAN AMAN (CENTER) DISCUSSES AN UPCOMING EBP PROJECT WITH TWO MISSOURI BAPTIST NURSES.

“My goal is that every one of our nurses look at this program as a way to improve how they care for patients,” says Mislán. “Our entire nursing staff has access to Goldfarb faculty, and are able to take classes on how to use EBP. They’re surrounded by an environment with the tools that allow them to function at this level — and that’s through our partnership with Goldfarb.”

On a national scale, the American Association of Colleges of Nursing is strongly encouraging schools of nursing to form these kinds of partnerships with academic health science centers; although funding and resources can present a challenge to do so. “We’re very fortunate to have such a committed partner in this,” says Dr. Davis. “It’s an unique opportunity to advance EBP and the science of nursing in a really robust clinical setting.”

Dr. Van Aman works in tandem with other Missouri Baptist nurse researchers, including Managers of Research and Outcomes Kathy Leach, PhD, RN and Karen Balakas, PhD, RN, CNE. In 2009, Dr. Balakas was initially charged with bringing EBP to the hospital.



TIM MISLAN, (CENTER) CHIEF OF NURSING EXECUTIVE AT MISSOURI BAPTIST, TALKS WITH (FROM LEFT) DRs. KAREN BALAKAS, TAMARA OTEY AND NANCY VAN AMAN, WHO CONDUCT RESEARCH AND EBP AT THE HOSPITAL.

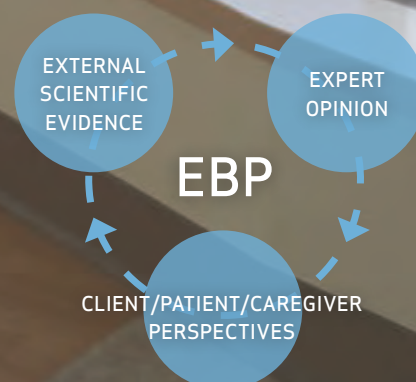
Dr. Van Aman is currently serving as a mentor on more than eight EBP projects on topics that include pressure ulcer prevention, palliative care nursing interventions and postpartum care for mothers experiencing complications that require acute care.

These projects all originate with practicing staff nurses at the hospital, who observe a patient care issue they’d like to improve.

Once a nurse identifies a topic they’d like to pursue, Dr. Van Aman evaluates the idea and then coaches them through [CONTINUED»](#)

### WHAT IS EVIDENCE-BASED PRACTICE (EBP)?

Evidence-Based Practice (EBP) is the integration of clinical expertise, patient values and the best research evidence into the decision-making process for patient care. Clinical expertise refers to the clinician’s cumulated experience, education and clinical skills. The patient brings to the encounter his or her own personal preferences and unique concerns, expectations and values. The best research evidence is usually found in clinically relevant research that has been conducted using sound methodology. (Sackett, D 2002)



DR. NANCY VAN AMAN DISCUSSES A COMPASSION FATIGUE STUDY WITH RHONDA BARDO, RN, AND DR. KATHY LEACH.

the EBP process, leading to a completed project that the nurse can present at a local or national conference for dissemination.

Through the combined efforts of Drs. Van Aman, Balakas and Leach, Missouri Baptist has already seen positive outcomes as a result of EBP, which have touched nearly every service line at the hospital.

As a result of its success, the program is already expanding, with the recent addition of Tamara Otey, PhD, RN, assistant professor at Goldfarb. Dr. Otey, in addition to focusing on her own research pursuits, will bring more support to Drs. Van Aman, Leach and Balakas, as she helps further develop the clinical research program. You can read more about Dr. Otey, who was one of Goldfarb's 2016 Distinguished Alumni, on Page 14.

"As a professor, if you have a passion for research, it's thrilling to be in a clinical environment where it's really celebrated — like here at Missouri Baptist," says Dr. Otey. "The patients do better when the nurse's role is elevated. I want to be a part of that, and that's why I'm here. It's going to be such a joy to be able to expand the already significant accomplishments of my colleagues."



DR. TAMARA OTEY, WHO RECENTLY JOINED THE GOLDFARB/MISSOURI BAPTIST TEAM, AND ERIN KIRWAN, RN, BSN, PALLIATIVE CARE SPECIALIST AT MISSOURI BAPTIST, DISCUSS AN UPCOMING PROJECT.

In addition to the patient care improvements the EBP and clinical research is yielding, the efforts were instrumental in Missouri Baptist receiving Magnet designation in May 2016, as EBP initiatives and clinical care research are part of the requirements. "It was very rewarding to see our joint commitment to this work help bring this Magnet designation to fruition," says Dr. Van Aman. "It's just another great example of the successful partnership between Goldfarb and MoBap."

Mislan, Dr. Davis and the entire team's larger vision for the research/EBP clinical research program is to build on this successful collaboration and expand to other BJC HealthCare hospitals. With 15 hospitals in the system, it could dramatically impact care in the Missouri region and beyond.

"Nurses using research to improve patient outcomes and how the care is delivered — that is the magic here," says Mislan. "We have great nurses who deliver great care, but when you give practicing nurses these evidence-based practice and research tools, they are unstoppable." ■

## GOLDFARB AND MISSOURI BAPTIST EBP & CLINICAL RESEARCH COLLABORATIONS

### EVIDENCE-BASED PRACTICE PROJECTS

NEAR COMPLETION

#### Palliative Care/Oncology

Jennifer Mitchell, BSN, RN, and Jen Poontong, BSN, RN

For nurses who care for palliative care patients, does the implementation of a palliative care skills program increase knowledge and confidence in delivering nursing interventions?

#### Wound/Ostomy

Anna Flotron, BA, RN

For critically ill patients, does the use of a pressure ulcer prevention algorithm reduce the incidence of hospital-acquired pressure ulcers compared with nurse-driven interventions?

#### Women & Infants

Jennifer Polk, BSN, RN

For postpartum mothers in an acute care setting, does a nursing care and resource guideline result in appropriate postpartum care; initiation of breastfeeding; initiation of skin-to-skin contact; and follow-up care after discharge?

#### Telemetry

Salena Williams, ASN, RN

In adult non-ICU patients on telemetry, would use of a decision-making tool to address continuation of monitoring result in maintenance of patient safety, decreased cost and increased availability of cardiac monitors?

### CLINICAL RESEARCH STUDIES

#### Compassion Fatigue: Exploration and Prevalence (2016)

M. Nancy Van Aman, DNP, RN, FNP-BC; Karen Balakas, PhD, RN, CNE; Erin Y. Kirwan, BSN, RN, OCN, CHPN; Mary L. Pfeffer BSN, RN, CNOR; Annette Casey RN; Elizabeth Eigel BSN, RN, CCRN, CSC

#### Assessment of Delirium in the ICU Patient Using the Confusion Assessment Method: A Comparison of Educational Strategies (2014)

Judith M. Smith PhD, RN, GCNS-BC; Beth Schneiderhahn MSN, APRN, ACNS-BC; M. Nancy Van Aman DNP, RN, FNP-BC; Robin Edelman MSN, RN; Patrick Ercole PhD, MPH

#### Confusion Assessment Method: Educating Nurses to Identify Delirium (2013)

Judith M. Smith PhD, RN, GCNS-BC; Robin Edelman MSN, RN; Ellen Binder MD; and Heidi Schmittgens MSN, RN

#### Carotid Endarterectomy Patient Outcomes Following Transfer to a Surgical Complex Unit (2013)

Vicki Coopmans PhD, RN, CRNA; Leslie Braddock-Marks MSN, RN; Karen Balakas PhD, RN, CNE

#### Preferences to Receive Information about Palliative Care for Adult Patients (2013)

Verna Ferguson PhD, RN, CHPPN, FPCN, FAAN; Gail Pittroff, PhD, RN; Vicki Boehmer RN, BSN, MAHCM, CHPN; Erin Kirwan BSN, RN, OCN, CHPN; Caryn Rosen MSN, RN; Jana Royer MSN, RN

# A Partnership Improving Lives

In recent years, Goldfarb School of Nursing at Barnes-Jewish College has forged a strong relationship with Kingdom House, a nonprofit organization in St. Louis that helps the economically disadvantaged achieve economic independence and a path out of poverty.

Through collaborative efforts like this, Goldfarb exposes its nursing students to a broader scope of practice while at the same time working to improve the lives of those in their community. By expanding their education outside of the classroom, nursing students can see the power of health care in a different setting. This collaboration is setting a foundation of support to the participants that Kingdom House serves, exemplifying community nursing at its core.

Founded in 1902, "Kingdom House empowers participants to be who they are capable of being. We try to provide them with opportunities to reach their full potential and overcome the obstacles they may face," says Scott Walker, president and CEO at Kingdom House.

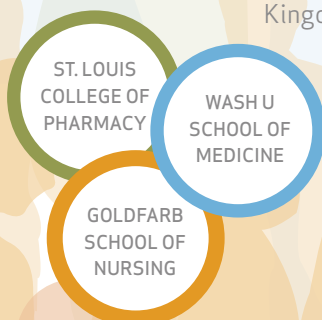
Kingdom House offers a bank, food pantry and early childhood center, among other services. "At Kingdom House, they provide programs and services that help the people they serve achieve better lives. As their mission states, they teach people to fish, rather than just feeding them fish," says Susan Fliesher, DNP, CPNP, RN, assistant professor at Goldfarb School of Nursing.

Goldfarb School of Nursing and Kingdom House have been working together in a variety of ways. To increase student involvement, Barbara Whitaker, MPH, BSN, RN, a clinical instructor at Goldfarb School of Nursing, takes her nursing students to Kingdom House every term to complete projects that will benefit the organization and the participants they serve. "We've done so many different projects. Last term, we performed hearing and vision assessments for children at the Kingdom House preschool and early childhood center," says Whitaker.

Other projects at Kingdom House have included teaching health skills to children in the classroom, creating educational health charts and conducting a playground assessment. One semester, teen participants were invited to visit Goldfarb to learn health skills and hear about health care careers, such as sports medicine, pediatrics and pharmacy.

Another project challenged nursing students to develop healthy and affordable recipes using items available at the Kingdom House food pantry. The students were filmed cooking the recipes while talking about important health aspects of the ingredients. Using foods donated by Goldfarb, participants replicated the recipes with Eileen Wolfington, MEd, coordinator of the health and wellness program at Kingdom House.

During the Spring 2017 term Goldfarb is collaborating with Washington University School of Medicine and St. Louis College of Pharmacy to host two health fairs at Kingdom House.



"Kingdom House empowers participants to be who they are capable of being. We try to provide them with opportunities to reach their full potential and overcome the obstacles they may face."  
— SCOTT WALKER, PRESIDENT AND CEO, KINGDOM HOUSE

The health fair will be open to all Kingdom House participants. This effort, made possible by the Center for Interprofessional Practice and Education (CIPE) at Washington University Medical Center, of which Goldfarb is an active member, encourages students from all three schools to develop interprofessional skills while also giving back to their community.

Through their ongoing work, Goldfarb has established a deep trust with Kingdom House that has allowed for broader projects. Recently, Goldfarb faculty completed a thorough community assessment, studying resources available in the area such as grocery stores, medical facilities and banks, as well as general statistics, to further understand the community and its needs. The Office of Nursing Research at Goldfarb will work with Kingdom House to identify

additional projects that could stem from the assessment's findings, allowing them to better serve the participants.

By providing resources and support, Goldfarb is helping Kingdom House improve health outcomes and change lives in the community. "We wouldn't be able to afford the important services that Goldfarb provides. Their work has had a huge impact," says Walker.

"It's great people doing great work. Being a nonprofit, Kingdom House has a limited budget and staff size. This gives us an opportunity to support a wonderful organization," says Whitaker.

While Goldfarb's collaborative efforts with Kingdom House are having a positive impact in the community, it's also benefiting the nursing students

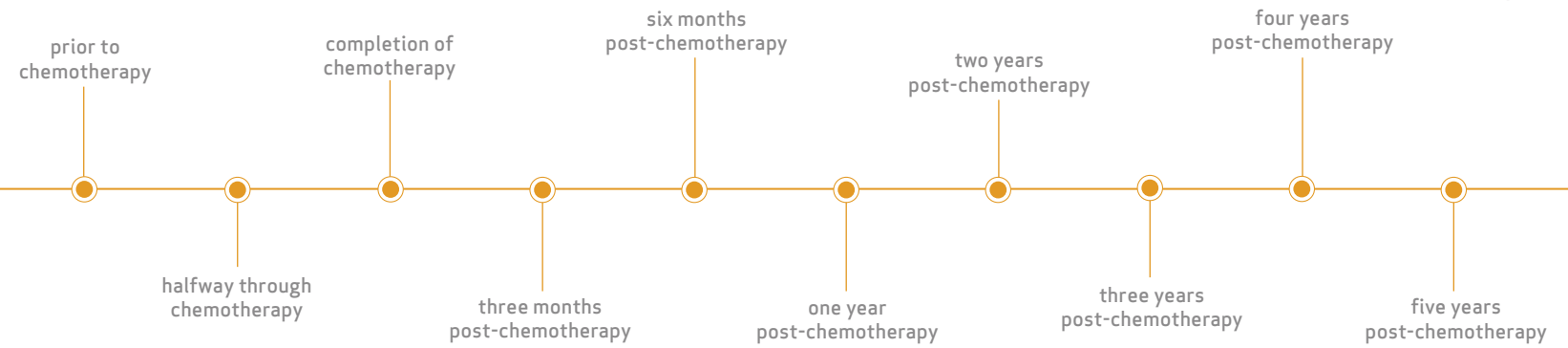
themselves. "Kingdom House is doing so much for us by providing opportunities for our students. At the end of the day, they really feel like they have made a difference. Our students can also better care for patients they might one day have by understanding their unique circumstances," says Dr. Fliesher.

"When external partners take an interest in this population by providing a better way of life for them or their families, that's a true act of altruism," says Wolfington. "Students and professors are very busy, yet they invest their valuable time to our agency and it's mutually beneficial. Students are learning and growing, and we are able to better serve our participants. Many agencies have similar needs, and we are very honored and grateful Goldfarb chose to work with us." ■

## GOLDFARB ASSISTS KINGDOM HOUSE WITH:

- HEARING AND VISION ASSESSMENTS FOR CHILDREN
- HEALTH SKILLS AND HEALTH CARE CAREER EDUCATION
- COMMUNITY AND PLAYGROUND ASSESSMENTS
- HEALTH FAIRS OPEN TO ADULTS, TEENS AND CHILDREN

**GENETIC BANK DATA COLLECTION**  
 OVER THE COURSE OF FIVE YEARS, GOLDFARB RESEARCHERS WILL WORK WITH SITEMAN ONCOLOGISTS TO COLLECT PATIENTS' SYMPTOM INFORMATION



# banking on SYMPTOM SCIENCE

GOLDFARB SCHOOL OF NURSING



SITEMAN CANCER CENTER

Goldfarb School of Nursing at Barnes-Jewish College is working with Siteman Cancer Center at Barnes-Jewish Hospital and Washington University School of Medicine to establish a genetic banking system, which has the potential to transform patient care through correlations of symptom and genetic data. The endeavor is being led by Horng-Shiuann Wu, PhD, RN, associate professor and nurse scientist at Goldfarb; Lindsay Peterson, MD, MSCR, assistant professor of medicine at Siteman; and Cynthia Ma, MD, PhD, associate professor of medicine and director of breast oncology at Siteman.



**Horng-Shiuann Wu, PhD, RN**  
 Goldfarb School of Nursing



**Lindsay Peterson, MD, MSCR**  
 Siteman Cancer Center



**Cynthia Ma, MD, PhD**  
 Siteman Cancer Center

The genetic bank will include both clinical and symptom data, with the goal of finding important predictive factors for symptom management or treatment. Dr. Wu is focused on studying the common symptoms of breast cancer treatment, which include but are not limited to fatigue, sleep disturbance, depression, pain and quality of life. Drs. Peterson and Ma are studying treatments, particularly as they relate to recurrence and survival. By combining their efforts, they're confident they can create a comprehensive database that can be mined for a wide range of studies.

The process begins with identifying appropriate patients, which will initially include 500 patients from Siteman. The identified patient population will then be followed for five years. There are ten timepoints when data will be collected: prior to the start of chemotherapy, halfway through chemotherapy, at the completion of chemotherapy, three and six months post-chemotherapy and one, two, three, four and five years from completion of chemotherapy. While the process is labor-intensive, it is necessary to gain critical long-term insights.

To collect symptom data, patients will self-report through a symptom assessment administered on an iPad at their clinical appointments. It utilizes the NIH Toolbox®, a state-of-science methodology that allows cross-measure comparisons. To provide the genetic data, blood and tumor samples will be collected for genomic sequencing. The patients' charts will also be reviewed for necessary demographic and illness information. If funding is secured, Drs. Wu, Peterson and Ma are hopeful the first patient data collection will begin in 2017.

"We will be collecting so much data — and so diversified. It will be a collaborative effort to look at both symptoms and genetic biomarkers," says Dr. Wu.

"Typically, you're just getting clinical information from the medical record when collecting this type of data. By completing the symptom assessments, we can also match the patient's own perspective with the data generated from the collection of blood samples," says Dr. Peterson. "So we have the ability to not only identify risk factors of the cancer recurring, but by gaining insight into what the patient is struggling with we also have the ability to identify risk factors for certain treatment-related side effects. This could enable us to develop interventions to decrease side effects and improve patient prognosis."

The genetic bank will also provide a wealth of critical information. Preliminary data from such a large cohort of patients can be analyzed for countless hypotheses. Both Goldfarb and Siteman will have access to the database, including students, faculty, physicians and other health care providers.

The genetic bank is a truly interdisciplinary effort, and one of the few of its kind in the country. With their diverse professional backgrounds, Drs. Wu, Peterson and Ma all approach the project from a different perspective, which the team feels will lead to a successful outcome. "It's a very exciting collaboration," says Dr. Ma. "Our knowledge and interests all fit together well. Collaboration is important because we don't have all of the expertise. It's important to share our knowledge to advance medicine and precision nursing care." ■

With recent advancements in genetic science, the prospect of more personalized cancer care has become increasingly hopeful. From symptom management to targeted treatment, the study of genes can reveal important discoveries that could reshape how cancer patients are cared for.

While the study of genetics has become more common, this endeavor by Goldfarb and Siteman will be unique in cancer research nationally, considering its focus on symptom science and the length of time — around five years — patients will be studied. As a leader in nursing research, Goldfarb's focus could contribute to symptom science through this collaboration with Siteman.

To collect necessary information, a genetic bank compiles data from a large cohort of patients to create a database. "It's plausible down the road that every patient will have their own personal and genetic profile, and their symptom management will be based on that information. Research, like this, is how we will discover that possibility," says Dr. Wu.

Through this comprehensive database, the goal is to identify important relationships between genetics and symptoms as well as treatment.

After discovering Siteman did not have its own genetic bank, Dr. Wu began discussions with Drs. Peterson and Ma about the possibility, and how Goldfarb and Siteman could collaborate

on the project. "We are all very passionate about helping patients, not only in survival but also their quality of life, and know that genetic biomarkers could provide us with important insights. We decided to join together in our efforts," says Dr. Peterson.

The database will focus on women with stages 1, 2 and 3 breast cancer who are undergoing chemotherapy. With the team's collective experience in breast cancer, this was an appropriate focus for the initial phases of the effort. However, it is likely the database will eventually expand, translating to other cancer diagnoses and diseases.



# NURSING SCHOLARSHIPS Make Dreams Possible

Donors to The Foundation for Barnes-Jewish Hospital make education possible for some of the best and brightest nursing students in the region. In 2016, generous donors provided more than 70 scholarships to Goldfarb School of Nursing at Barnes-Jewish College so students can translate their compassion, dedication and skill into world-class care for patients.



## CELEBRATING OUR DONORS

In September 2016, The Foundation for Barnes-Jewish Hospital hosted a dinner for Goldfarb scholarship donors and recipients. "Our scholarship donors are helping prepare brilliant individuals to meet the complex health care needs of patients for many years to come," says Gretchen Drinkard, PhD, RN, the Jack Taylor Senior Associate Dean for Academic Affairs, professor and interim dean at Goldfarb.



BREE MCBRIDE, BSN, RN

Goldfarb Scholarship Recipient  
Trauma Nurse at Barnes-Jewish Hospital  
Graduated August 2016

Between heart problems, fibromyalgia and other ailments, Bree McBride's father made frequent visits to medical facilities throughout Bree's childhood. During some of her family's most trying times, compassionate nurses gave her father comfort and hope, and inspired Bree to follow in their footsteps.

Passionate about a career in nursing, Bree saved for nursing school tuition, but her family's finances were focused on her father's medical expenses, leaving a critical financial gap. Her dream was made possible when she received a scholarship through The Foundation for Barnes-Jewish Hospital. "Without the scholarship, I wouldn't have been able to afford nursing school," Bree says.

Now, Bree is a trauma nurse at Barnes-Jewish Hospital. Eventually, she wants to become a nurse practitioner, serving an underprivileged community. She also wants to donate to a scholarship fund for another deserving student at Goldfarb.



HANNAH MARCHBANKS

Goldfarb Scholarship Recipient  
Nursing Student at Goldfarb School of Nursing  
Anticipated Graduation: April 2017

When her sister, Kellsie, was diagnosed with cancer at age 16, Hannah Marchbanks learned the critical role nursing plays in the healing process for the entire family. As Kellsie battled osteosarcoma, a cancer that originates in the bones, Hannah was inspired by her sister and the nurses caring for her.

While she was in remission, Kellsie followed her own dream to become a nurse and enrolled at Goldfarb. Two weeks into classes, her cancer returned. She passed away a year later, surrounded by her family and nurses.

Hannah decided to pick up where Kellsie left off and is a student at Goldfarb, where she received a scholarship through The Foundation for Barnes-Jewish Hospital. "Knowing someone has faith and belief in me motivates me to be the best student I can be," Hannah says.

## donations

To make a gift to benefit students like Bree and Hannah through Goldfarb School of Nursing Scholarships, please use the enclosed envelope, visit [www.GivingBarnesJewish.org](http://www.GivingBarnesJewish.org) or call 314.286.0600.



The Foundation for Barnes-Jewish Hospital partners with donors to enrich the student and faculty experience at Goldfarb School of Nursing.

# \$525,000

WAS RAISED IN 2016 TO SUPPORT GOLDFARB'S MISSION



**Tamara Otey, PhD, RN**

Distinguished Alumni Award Recipient, Class of '84

**Planning a Health Clinic in Rural Nigeria**

Tamara Otey, one of the recipients of the 2016 Goldfarb School of Nursing at Barnes-Jewish College Distinguished Alumni Award, was inspired to pursue nursing in part by her grandmother.

Growing up in the St. Louis area, Dr. Otey recalls seeing her grandmother in uniform after her nursing shifts. "I remember her in her starched white dress and white shoes, looking the part," recalls Dr. Otey. "When I got older, I decided to explore nursing and I ended up loving it."

A powerful advocate for those in need, Dr. Otey began her multidimensional career studying at the Jewish Hospital School of Nursing in 1981. "It was challenging, but as classmates we always helped each other out, and we were so happy when we were able to succeed," says Dr. Otey.

After graduating with her RN diploma, Dr. Otey received her BSN from the University of Memphis, her MSN from Union University, and her doctorate in nursing science from Indiana University. She did her dissertation and thesis work on combatting HIV/AIDS in community settings and also became a highly esteemed administrator, finding ways to serve her patients and balance the needs of her staff in an increasingly demanding health care environment.

Now, after three decades, Dr. Otey has returned to Goldfarb as an assistant professor, where she teaches classroom and clinical courses to graduate students.

Prior to her return to Goldfarb, Dr. Otey worked for more than 20 years at Methodist Health Care in Memphis, beginning as an oncology nurse before becoming a supervisor in case management. At Methodist, Dr. Otey earned a reputation as an expert manager at a complex health care institution. Now,

a part of her specific focus as a professor at Goldfarb is to train nurses interested in administration and management. "Let's say you are setting up a discharge. In the 1980s, if you were dealing with a patient who had a heart attack, the stay might be a week or two," Dr. Otey explains. "Now, it's down to three or four days, so you have to start figuring out the discharge plan when the patient gets to the hospital. With the complexity of Medicare and insurance companies, you can't wait a few days and then sort things out because of the financial consequences and the pressure it puts on the staff. You have to be proactive."

**“On our first trip to Nigeria, we expected around 100 people to show up to our free clinic at our first stop. There were over a thousand people waiting.”**

— DR. TAMARA OTEY

As a volunteer, Dr. Otey has been traveling to Imo State in Nigeria on health care missions for over a decade, working throughout the rural area to provide services as well as arranging for the acquisition of needed medical equipment and supplies. She is now helping to facilitate the construction of a clinic for residents. "On our first trip there, we expected around 100 people to show



up to our free clinic at our first stop," says Dr. Otey. "There were over a thousand people waiting, and there were TV cameras. When we went back in 2007, we were more prepared, but it still felt like Band-Aids compared to what was needed there, so we started plans to build the clinic." Working with her church in Memphis, Dr. Otey also arranged for a well to be dug to provide fresh water for the residents of the drought-stricken region.

Closer to home, Dr. Otey has found innovative ways to work with church and community leaders in the African-American population to curtail HIV/AIDS. "There is still a lot of stigma," says Dr. Otey. "There is HIV in my family and other families, so there is a need to address the problem in a forthright way. I started working with pastors in Memphis to bring health care services for the working poor into the church, and to provide the information young people especially need to make better choices."

Following her return to St. Louis, Dr. Otey has joined the Goldfarb/Missouri Baptist team in research and EBP projects. Read more about this on Page 2. ■

WATCH DR. OTEY'S STORY AT <http://gson-ne.ws/Otey>

**Carrie Jeffries, MPH, MS, RN, NEA-BS, ANP-BC, AACRN**

Distinguished Alumni Award Recipient, Class of '94, '96

**Transforming Health Care Around the Globe**

A nurse who has worked tirelessly for the underserved both abroad and here in the United States, Carrie Jeffries was named one of the recipients of the 2016 Goldfarb School of Nursing at Barnes-Jewish College Distinguished Alumni Award.

Currently the chief nursing officer of the HIV/AIDS bureau of the U.S. Department of Health and Human Services in Washington, D.C., Jeffries received an ADN and BSN from the Jewish Hospital College of Nursing, an MSN from the University of California at San Francisco, and an MPH from Johns Hopkins University. She is in the doctoral program in nursing practice at George Washington University, concurrent with her government appointment.

Jeffries is from nearby O'Fallon, Mo., but her work has taken her to India, Thailand, Switzerland, the West Bank and Gaza, Kenya, Zambia and Liberia. She began her career as a nurse at Barnes-Jewish Hospital and later became a traveling nurse in Ft. Lauderdale, Baltimore and New York City. While studying for her first master's degree in San Francisco, Jeffries' dedication to the underserved began in earnest, as she began assisting vulnerable residents among the Asian-Pacific Islander population in the Tenderloin district.

Soon after, Jeffries began her international service, taking a post in Thailand to educate Burmese health care workers. While there, she crossed the Moei River, which separates Thailand from Burma, to care for displaced persons in a Burmese camp. "We went over in a dugout canoe," says Jeffries. "The internally displaced Burmese were in need of health care, but they risked deportation if they came over to the Thai side where we were located, so we visited them in their jungle camp."

Later, while studying for her MPH, Jeffries took a break to go to the West Bank and Gaza as a

health advisor for a United States Agency for International Development project, ensuring the delivery of critical medical supplies and pharmaceuticals. Back in Baltimore, she volunteered for a weekly shift on a needle exchange van in a hardscrabble neighborhood on the city's west side. "I looked at wounds and abscesses, and I would try to get people into programs for help when there was availability. It wasn't easy, but after a while, I earned their trust and respect," says Jeffries.

Around this time, Jeffries began considering how working with health care policy could create broad societal benefits. "Most nursing programs don't specifically teach you how to put programs together and how to evaluate quality," explains Jeffries. "With my interest and background in international health and refugee assistance, I realized the importance of dialog and working in an interdisciplinary way with nurses, physicians and public health professionals to get teams working at a high level."

To put her ideas into practice, Jeffries became a program coordinator in Kenya and Zambia for San Francisco General Hospital's pioneering Ward 86, a leader in HIV/AIDS care. While there, she examined and revised operational procedures and found strategies to empower the nurses there to provide improved care. Soon after, Jeffries took an administrative position with the Public Health & Nutrition Office at USAID Zambia. "It was challenging in Kenya," says Jeffries, "but I was very happy to have the opportunity. The staff there really wanted to learn, and I had the chance to mentor the nurses, who were thrilled to have someone take interest in their continued education."



**“I realized the importance of dialogue and working in an interdisciplinary way with nurses, physicians and public health professionals, to get teams working at a high level.”**

—CARRIE JEFFRIES

After returning from Africa, Jeffries took over management of the Outpatient Antimicrobial Therapy Clinic at the Walter Reed National Military Medical Center. "It was a big change after working in so many urban environments. The soldiers were inspiring, as was seeing all the challenges they had to overcome," says Jeffries.

In her current position at HHS, Jeffries leads a 60-person staff and manages a budget of over \$500 million that is distributed nationwide to provide clinical help to those infected with HIV. "I think my education at Jewish Hospital carried me along my career path," says Jeffries. "They expected a lot of us and that really got me going. I owe the college a lot." ■

WATCH JEFFRIES' STORIES AT <http://gson-ne.ws/Jeffries>

# life outside STUDIES



At Goldfarb School of Nursing at Barnes-Jewish College, student engagement goes beyond the classroom. Student organizations play an integral part of student life at Goldfarb, providing opportunities for professional growth, community service and co-curricular activity.



- 1 Students sell shirts to raise funds for families at Gateway 180 • Sept. 2016
- 2 GMEN (Goldfarb Men Excelling in Nursing) students post graduation • Aug. 2016
- 3 Goldfarb students volunteering in the community to support local causes • June 2016

- 4 Student Council members, along with faculty, volunteer at the St. Louis Children's Hospital CDH Family Conference • June 2016
- 5 Student leaders meet with Pamela F. Cipriano, PhD, RN, NEA-BC, FAAN, president of the American Nurses Association (ANA) • Feb. 2016

- 6 Students and faculty volunteer at Variety the Children's Charity of St. Louis' Adventure Camp • July 2016
- 7 Student ambassadors at the 2016 Homecoming event • July 2016

- 8 Students participate in the annual Heart Walk in St. Louis to help fight against heart disease and stroke • May 2016
- 9 Students, faculty and staff take part in PrideFest in St. Louis • June 2016

# LIVING — our — VALUES

The four core values of Goldfarb School of Nursing at Barnes-Jewish College represent our highest aspirations for institutional identity, impact and routine interactional conduct.

## community

We are one community, working together to deliver our best strengths for advancing, serving and sustaining health care work and success.

## caring ways

We deliver, discover, teach, establish, sustain and support healing and restorative pathways, for both the community and all of us.

## mutual respect

We hold each other in highest mutual regard, honoring our diverse gifts, to promote healthy engagement and exchange.

## empowerment

We are authorized, prepared and positioned to deliver our best thinking, skills, energy and contributions for our mission success and impact.

## Faculty and Staff Highlights

### 2015–2016 Academic Accomplishments

#### PUBLICATIONS

**Curtis, M. P.**, Bultas, M. W., and Green, L. (2016) Enhancing cultural competency. *Online Journal of Cultural Competence in Nursing and Healthcare*, 6(1), 1-13.

Fouladbakhsh, J., Yarandi, H. and **Davis, J.E.** (2016) A randomized controlled trial examining the effect of a standardized yoga intervention on breathing, mood, sleep and quality of life of non-small cell lung cancer patients. *Integrative Medicine & Health*, P05.25, A 75.

Taliaferro, D., and **Diesel, H. J.** (2016). Cultural impact with reflective journaling. *International Journal for Human Caring*, 20(3), 155-159.

**Mueggenburg, K.**, "Conversations in Palliative Care: Questions and Answers with the Experts. 4th Edition Hospice and Palliative Care Nurses Association Chapter 2: Caring when it is needed most.

**Newland, P., Lunsford, V.,** and Flach, A. (in press) The interaction of fatigue, physical activity and health-related quality of life in adults with multiple sclerosis (MS) and cardiovascular disease (CVD).

**Newland, P.** (2016) The emerging role of the gut microbiome in adult multiple sclerosis patients: Evidence to guide practice. *Journal of Neuroscience Nursing*, 48 (6), 356-364.

**Newland, P.**, Exploring the feasibility and acceptability of sensor monitoring of gait and falls in the homes of persons with multiple sclerosis. *Gait Posture*. 7; 49:277-282.

**Newland, P.**, Oliver, B., **Smith, J.**, and Hendricks-Ferguson, V. (2016) Case Study of an Adolescent Young Adult Patient with multiple sclerosis and unpredictable fatigue. *Journal of Hospice and Palliative Nursing*, 18 (5).

**Otey, T.D.**, and Miller, W. R. (2016) A Mid-South Perspective: African American Faith-based Organizations, HIV, and Stigma. *Journal of the Association of Nurses in AIDS Care*, 27(5), 623-634.

**Thimsen, K.** and Fauguano, D. (2016) Atlas of Elder Abuse: A compendium of sixteen years of elder abuse case reviews. Slated for publication May 2017

**Thimsen, K.** (2016) Elder sexual abuse and assault: Forensic series on interpersonal violence curriculum. Sigma Theta Tau.

**Thimsen, K.** and Dadi, F. (2015) Human Trafficking Guidance Document. *HEAL Network*: Boston, MA.

#### PRESENTATIONS

Fouladbakhsh, J., Gadgeel, S., Soubani, A., Yarandi, H., and **Davis, J.E.** (2016, October) *Effect of yoga on breathing and sleep in patients with lung cancer.* Cancer Survivorship Symposium: Advancing Care and Research. San Diego, CA.

Heckert, B., Johnson, K., Ramirez, M., Chen, L., and **Davis, J.E.** (2016, October) *How a community hospital moved to improve.* BJH Multidisciplinary Research Conference, St. Louis, MO.

Wu, H-S, **Davis, J.E.**, and Chen, L. (2016, April) *The influence of ethnicity, body mass index and smoking on comorbidity among women being treated for breast cancer.* Ranked in the top 4 conference presentations at the Oncology Nursing Society 41st Annual Congress. San Antonio, TX.

**Davis, J.E.**, Engels, H-J., Back T., and Yarandi, H. (2016, March) *The effects of a home-based exercise program on the sleep of estrogen-deficient postmenopausal women.* Midwest Nursing Research Society 40th Annual Research Conference. Milwaukee, WI.

**Diesel, H.** (2016, August). *What It Means to be a Teacher in the Clinical Environment.* Clinical Faculty Academy. St. Louis University. St. Louis, MO.

**Henrichs, B.**, Thorn, S., and Thompson, J. (2016, September) *Teaching SRNAs how to appropriately respond to simulated, life-threatening emergencies.* AANA Annual Congress. Washington, DC.

**Mueggenburg, K.** (2016, September) *Learning to Facilitate Advance Care Planning: The Novice Social Worker's Experience.* National Share the Experience conference with Respecting Choices and Coalition to Transform Advanced Care. Milwaukee, WI.

**Mueggenburg, K.** (2016, October) Nurses teaching Social Workers: The experience of learning to facilitate Advance Care Planning Conversations. *Interprofessional Education: Building a Framework for Collaboration workshop from Interprofessional Education Collaborative*, Herndon, VA.

**Newland, P.** (2016, October) *Gut microbiome and a mice model of multiple sclerosis.* MS Brain Symposium, Hartford, CT.

**Newland, P.** (2016, March) *Exploring the feasibility of monitoring gait and falls in the homes of persons with multiple sclerosis: A pilot study.* Midwest Nursing Research Society. Milwaukee, WI.

**Newland, P.** (2016, May) *Monitoring Fatigue with a Mobile Phone and Internet Application: A Feasibility Study.* Consortium of MS research Centers. Hartford, CT.

**Newland, P.** (2016, March) *Monitoring Fatigue with a Mobile Phone and Internet Application: A Feasibility Study.* American Association of Neuroscience Nurses Annual Meeting, New Orleans, LA.

**Henrichs, B.**, Thorn, S., and Thompson, J. (2016, May) *Teaching SRNAs how to appropriately respond to simulated, life-threatening emergencies.* World Congress of Nurse Anesthetists Meeting. Glasgow, Ireland.

**Thimsen, K.** (2016). *Human Trafficking Policies, Protocols and Procedures: Guidance for health systems.* St. Louis, MO.

**Thimsen, K.** (2016, November) *Qualitative Analysis Practice Gaps in Forensic Nursing: Inquiries between 2013-2016.* International Association of Forensic Nurses Scientific Assembly. Denver, CO.

Price, R., Nichols, A, Edmonds, T., **Thimsen, K.**, and Palmer, N. (2016, November) *Mapping Risk Factors for Sex Trafficking and Exploitation in the St. Louis Metropolitan Statistical Area (STLMSA).* Washington University Institute for Public Health.

**Thimsen, K.** (2015, November) *Teaching Community Health Nursing Using Community Based Participatory Research Model in a Baccalaureate Nursing Program.* Missouri League of Nursing.

**Thimsen, K.** (2015) *Elder Abuse Identification for Nurses: Findings of pilot study of nurses' knowledge of clinical identification of elder abuse intervention outcome.* International Association of Forensic Nurses; Orlando, FL.

**Ward, M.** (2015, October) *Health Literacy: A Patient Safety Issue.* Fourth District, Missouri Society of Radiologic Technologists Seminar. St. Louis, MO.

**Jett, K.** (2016, April) *The Pathophysiology of Asthma.* American Lung Association, Asthma Educator Institute, UMSL. St. Louis, MO.

**Jett, K.** (2016, October) *Asthma Phenotypes.* American Lung Association, Asthma Educator Webinar Series.

**Van Aman, M. N.** (2016, August) *DNP Panel – Role of the DNP Graduate in Healthcare.* St. Louis University. St. Louis, MO.

**Van Aman, M. N.** (2016, October) *Compassion Fatigue: Incidence and Prevalence*. Missouri Baptist Medical Center Professional Nurses Development Program. St. Louis, MO.

**Van Aman, M. N.** (2015, November) *Faculty Panel-Health Professions Student Leadership Council (HPSLC) Multidisciplinary Case Study on Cancer Patient*. Washington University School of Medicine. St. Louis, MO.

**Wu, H.S.**, and Davis, J. (2015, May) *The influence of ethnicity, body mass index, and smoking on comorbidity among women being treated for breast cancer*. Oncology Nursing Society 41th Annual Congress. San Antonio, TX.

Casida, J., **Wu, H.S.**, and Yang, J. (2016, March) *Patterns and correlates of care dependency in patients with an implantable left-ventricular assist device (LVAD)*. The 40th Annual Midwest Nursing Research Society (MNRS) Research Conference. Milwaukee, WI.

**Otey, T.D.**, and Miller, W. R. (2016, October) *A Mid-South Perspective: African American Faith-based Organizations, HIV, and Stigma*. 10th Annual Multidisciplinary Research Conference. Eric P. Neuman Education Center, Washington University Medical Center. St. Louis, MO.

**Van Aman, M. N.** (2016, October) *Compassion Fatigue: Incidence and Prevalence*. Missouri Baptist Medical Center Nursing Research Day. St. Louis, MO.

Curtis, M., Kist, S., **Van Aman, M. N.**, and Riley, K.C. (2015, November) *Integrating Student Learning Experiences and Outcomes in an RN to BSN Program*. 19th Annual Midwest Regional Nursing Educators Conference. Columbia, MO.

Casida, J., and **Wu, H.S.**, and Yang, J. (2016, April) *Associations among care dependency, cognition, and self-efficacy in patients with left-ventricular assist devices (LVADs)*. The ISHLT 36th Annual Meeting and Scientific Sessions. Washington, DC.

Casida, J., and **Wu, H.S.**, and Yang, J. (2016, April) *Self-efficacy and adherence are predictors of quality of life in patients with left ventricular assist devices*. The ISHLT 36th Annual Meeting and Scientific Sessions. Washington, DC.

## RESEARCH GRANTS

Project Name: *HRSA Nurse Anesthesia Traineeship Grant*  
Fund Name: HRSA Nurse Anesthesia Traineeship Grant  
Dates: July 1, 2016–June 30, 2017  
Principal Investigator: **Bernadette Henrichs**  
Funding Amount: \$10,353

Project Name: *Nigeria Faith Community Nurse Training as Preparation for Research Projects*  
Fund Name: Office of Nursing Research. Goldfarb School of Nursing at Barnes-Jewish College.  
Dates: August 16–September 1, 2016  
Principal Investigator: **Tamara D. Otey**  
Funding Amount: \$5,000

Project Name: *Glatiramer acetate (GA) treatment of MS: Does microbiome matter*  
Dates: 2016–2017

Project Name: *Correlation of fatigue using electroencephalogram (EEG) in persons with multiple sclerosis: A pilot study*  
Dates: 2016–2017  
Principal Investigator: **Pamela Newland**  
Funding Amount: \$4,900

## APPOINTMENTS

**Jean E. Davis**, Member FNINR National Advocacy Committee (2016)

**Kelly Fleming**, Elected Institutional Delegate At Large for The Missouri Association of Student Financial Aid Personnel (MASFAP) (2016–2018)

**Bernadette Henrichs**, Chair of Faculty Organization (August 2016–July 2017)

**Misty Hursey**, President of St. Louis Area Health Care Recruiters (2016)

**Katie Jett**, Kaplan NCLEX-RN Review Course Instructor, Kaplan, Inc. Washington University (December 2016)

**Kay Mueggenburg**, Reviewer for the American Journal of Nursing (2016)

**Kay Mueggenburg**, State Conference Facilitator: Day-long Care Navigator Workshop for The Illinois Access Hospital Network (ICHAN). "Case Management and Transitional Care Tools and Strategies." May 27, 2016. Springfield, IL

**Pamela Newland**, Associate Professor at Goldfarb School of Nursing at Barnes-Jewish College (September 2016)

**Tamara D. Otey**, Assistant Professor at Goldfarb School of Nursing at Barnes-Jewish College (January 2016)

**Curtis Smith**, Fellow in the St. Louis Business Diversity Initiative Fellows Program (2016–2017)

**Judith M. Smith**, Professor at Goldfarb School of Nursing at Barnes-Jewish College (October 2016)

**Kathleen Thimsen**, Washington University Institute of Public Health Founding co-member of steering committee in the development of the Institute sponsored Human Trafficking Collaborative Network (HTCN) (summer 2016)

**Kathleen Thimsen**, Human Trafficking Collaborative Network (HTCN) Lead Facilitator for Healthcare System Workgroup Strategy Development Group (November 2016)

**Kathleen Thimsen**, Abstract reviewer: American Public Health Association (August 2016)

**Kathleen Thimsen**, Abstract reviewer: International Association of Forensic Nurses (July 2016)

**M. N. Van Aman**, Evidenced-Based Practice Mentor. Academic Partnership Goldfarb School of Nursing and Missouri Baptist Medical Center (November 2015–present)

**M. N. Van Aman**, President Tau Iota Chapter Sigma Theta Tau International Nursing Honor Society (July 2015–July 2017)

**M. N. Van Aman**, St. Louis Nurses in Advanced Practice Symposium Vendor Chair (2015–2016)

**Michael Ward**, Board of Directors of ANCC, public member (2017–2019)

**Michael Ward**, Association of Educators in Imaging and Radiologic Sciences – ISRRIT Liaison (2016–2017)

## AWARDS

**Valerie Lunsford**, Dean's Award for Exceptional Service, Goldfarb School of Nursing at Barnes-Jewish College (2015)

**Bernadette Henrichs**, CRNA of the Quarter Nominee, Washington University Dept. of Anesthesiology (August 2016)

**Racquel Manuel**, Goldfarb School of Nursing at Barnes-Jewish College Caritas Award (December 2015)

**Kathleen Thimsen**, Excellence in Nursing Award: Community Nursing, St. Louis Magazine (April 2016)

**Mary Ann Jobe**, March of Dimes Finalist for the Nurse Educator Nurse of the Year award (2015)

**Kelly Fleming**, fifteen years of service and dedication to The Missouri Association of Student Financial Aid Personnel (MASFAP) (November 2015)

**Colleen Doyle**, elected co-president of Phi Alpha Honors Society (April 2016)

## EDUCATIONAL ADVANCEMENTS

**Beth Beyatte**, Doctorate of Nursing Practice, University of Kansas (2016)

**Michael G. Kimmel**, Master of Business Administration, Webster University (August 2015)

**Kathleen Thimsen**, Doctorate of Nursing Practice, Regis University - Denver (2016)

**Lori Meier**, National Certification Corporation (NCC) certification renewed (June 2016)



## New Faculty and Staff

**Oluwatoyin Adegboyega**, adjunct faculty

**Kamal Akhtar**, adjunct faculty

**Jessica Allen**, academic and student support advisor

**Lynn Baer**, instructor

**Kristen Bagwell**, adjunct faculty

**Jillian Barron**, simulation specialist

**Deborah Birk**, assistant professor

**Meaghan Boland**, adjunct faculty

**Charlotte Brooks**, adjunct faculty

**Glenda Brown**, adjunct faculty

**Andreia Cage**, adjunct faculty

**Diane Cash**, adjunct faculty

**Julie Clark**, adjunct faculty

**Carmella Clark-Gray**, adjunct faculty

**Shevon Dungsins**, adjunct faculty

**Amanda Flynn**, adjunct faculty

**Susan Gallagher**, adjunct faculty

**Diane Getz**, adjunct faculty

**Sheila Graham**, adjunct faculty

**Janalee Heaton**, adjunct faculty

**Mary Hobson**, adjunct faculty

**Meagan Holloran**, adjunct faculty

**Jane Holtgrave**, academic and student support advisor

**Lauren Howdeshell**, adjunct faculty

**Lori Jennaway**, registration data specialist

**Christopher Kavalionas**, adjunct faculty

**Danielle Keaton**, adjunct faculty

**Melissa Lowe**, adjunct faculty

**Rebekka Mason**, adjunct faculty

**Susan Mathis**, adjunct faculty

**Maureen Mercier**, adjunct faculty

**Dana Merritt**, adjunct faculty

**Elliot Motl**, technical specialist

**Jill Neeman**, instructor

**Tamara Otey**, assistant professor

**Jessica Page**, adjunct faculty

**Jacqueline Pagel**, adjunct faculty

**Natalie Palmer**, assistant professor

**Sarah Pine**, financial aid counselor

**Robin Qualley**, adjunct faculty

**Jennifer Raffaelli**, adjunct faculty

**Judith Reeves**, adjunct faculty

**Sharon Ryback**, adjunct faculty

**Sally Salmon**, adjunct faculty

**Martha Sanderford-Smith**, adjunct faculty

**Rebecca Sarabia**, adjunct faculty

**Justin Schneider**, instructor

**Lynne Sekarski**, adjunct faculty

**Angela Spencer**, librarian, health services

**Lisa Spinner**, simulation specialist

**Jeanetta Stomer**, adjunct faculty

**Tamara Taylor**, adjunct faculty

**Shana Teske**, adjunct faculty

**Susan Tobin**, adjunct faculty

**Shereece Wallace**, adjunct faculty

**Stacy Weisguth**, adjunct faculty

**Terosia Williams**, adjunct faculty

**Carrie Wilson**, adjunct faculty

**Tereather Woods**, simulation specialist

# Goldfarb School of Nursing at Barnes-Jewish College

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- Beverly Ervin**, '60
- Markeita Moore**, '83
- Jennifer Tice Williams**, '06, '07, '14
- Cady Riechmann**, '15
- Xiumei Lin**, '06, '09, assistant professor
- Julie Spencer**, '09, assistant professor
- Patrick Kovic**, Goldfarb Men Excelling in Nursing (GMEN) president
- Amy Gemmell**, Student Council president
- Mindie Schwenk**, Student Nurses Association president
- Eric Barkley**, development director
- Marilyn Sheperd**, major gift officer
- June Cowell-Oates**, director of alumni affairs and program officer for student affairs and diversity

To nominate yourself or a classmate to be an alumni advisory council member, fill out and submit a Barnes-Jewish College Alumni Advisory Council nomination form. Contact Dr. June Cowell-Oates at [june.cowell-oates@bjc.org](mailto:june.cowell-oates@bjc.org) or 314.454.8694 with any questions about the council or to request a nomination form.

\* as of fall 2016

# 2016 Homecoming

SEPTEMBER 30, 2016

It was a warm, partly sunny afternoon as Goldfarb students and alumni leaned over large tables and carefully cut swaths of fleece that would become warm blankets for community members in need throughout the St. Louis area. Making fleece blankets was just one of several community support activities underway the afternoon of Goldfarb School of Nursing at Barnes-Jewish College's homecoming. The projects exemplified the year's theme, "Unity in Community."



Attendees created colorful postcards with messages of comfort and inspiration for the Arts + Healthcare traveling postcard stand from which patients and families can select notes of encouragement. St. Louis Children's Hospital NICU was the recipient of 500 snack and hygiene kits for families. Some attendees even used their sewing



ALUMNI GATHER TOGETHER TO CELEBRATE "UNITY IN COMMUNITY" AT GOLDFARB'S 2016 HOMECOMING ACTIVITIES.

skills to make small pillows for patients with ports to insert under their seat belts for comfort while in the car. At St. Patrick's Center, one of Missouri's largest providers of services for people who are homeless or at risk of becoming homeless, Goldfarb volunteers sorted food and clothing donations and helped clients find items they needed. And other volunteers worked at the International Institute of St. Louis in the donation and shopping room, sorting and organizing donations for clients, which include immigrants and refugees in St. Louis City and County.

The homecoming community activities were developed to recognize and extend the far-reaching impact Goldfarb alumni, students, faculty and staff have on the lives of patients and the communities where they live and work.

The homecoming activities began with a bag piper escorting attendees into the auditorium, where a ceremony honoring members of the Goldfarb family lost over the years took place.

At lunch, Gretchen Drinkard, PhD, RN, the Jack Taylor Senior Associate Dean for Academic Affairs, professor and interim dean at Goldfarb, presented the 2016 Distinguished Alumni Awards to Tamara Otey, PhD, RN, (class of '84) and Carrie Jeffries, MPH, MS, NEA-BS, RN, ANP-BC, AACRN (class of '94 and '96). The awards recognize graduates who have continued their education while caring for patients and demonstrated a commitment to nursing education, research and service. The day ended with students, alumni, faculty and staff celebrating together with food, fun and dancing. "Each year homecoming grows in attendance and with added enthusiasm. It is so wonderful to see," says June Cowell-Oates, EdD, LPC, LCSW, CEAP, director of alumni affairs. ■

SAVE THE DATE FOR THE 2017 HOMECOMING CELEBRATION: FRIDAY, SEPTEMBER 29

# 2016 Reunions

AUGUST 20, 2016

## CELEBRATING PAST, PRESENT AND FUTURE

It was a joy-filled day of memories, activities and recognition for members of the 1966 and 1991 Barnes and Jewish School of Nursing classes attending their 50th and 25th reunions on August 20. Alumni from nearby and throughout the country — some as far as Utah and Pennsylvania — joined the celebration. The day began with the Goldfarb School of Nursing at Barnes-Jewish College summer 2016 commencement ceremony at Powell Hall. Seated behind the new graduating class, alumni wore corsages and were recognized during the ceremony.

Following commencement, alumni returned to Goldfarb School of Nursing for the reunion medallion ceremony and luncheon. Alumni received a medallion featuring the college seal on the front and their graduation year on the back. Medallions were adorned with a blue and yellow ribbon. During the ceremony, attendees were entertained with photos of themselves from when they were students. Gretchen Drinkard, PhD, RN, the Jack Taylor Senior Associate Dean for Academic Affairs, professor and interim dean at Goldfarb, spoke enthusiastically of the pride inherent in alumni in both reunion classes, which was clearly on display as alumni received their medallions.

A special feature of the day was a short play re-enacting the life of Emily Elizabeth Parsons, a nurse who came to St. Louis from Massachusetts during the Civil War to care for soldiers housed here. The play, touchingly performed by Roxane McWilliams, was written by Elizabeth Pickard, director of interpretive programs at the Missouri History Museum.



ALUMNI ASSOCIATION ADVISORY COUNCIL MEMBERS SELL THE JEWISH SCHOOL OF NURSING AND BARNES SCHOOL OF NURSING BRICKS DURING THE 50TH AND 25TH CLASS REUNIONS

Following the luncheon, there were tours of Goldfarb Hall and the clinical simulation labs. "Many from the reunion classes were anxious to see our renowned simulation labs," says June Cowell-Oates, EdD, LPC, LCSW, CEAP, director of alumni affairs. "They didn't have anything like that when they were students."

Judy Garrison, Jewish School of Nursing class of 1966, expressed her thanks following the event. "I loved seeing the graduation and was really impressed with how the school has grown and changed to meet the needs of today's nursing advances," says Garrison. "It reminded me that we are a part of a continuing tradition of excellence associated with Barnes-Jewish Hospital. It made me very proud and appreciative to be a part of such a school."

Along with medallions and a glass box adorned with the college seal for storing the keepsake, memory books featuring stories from alumni for each reunion class were given as gifts to the attendees. "Thank you for giving us a beautiful event to remember and treasure," concluded Garrison. ■

SAVE THE DATE FOR THE 1967 AND 1992 CLASS REUNIONS: **APRIL 23, 2017**

## GOLDFARB SCHOOL OF NURSING AT BARNES-JEWISH COLLEGE

# 2016 IN REVIEW



## FACULTY OVERVIEW

45 FULL-TIME

6 PART-TIME

18 DOCTORALLY PREPARED

5 FACULTY WITH ADMINISTRATIVE RESPONSIBILITIES

46 ADJUNCT FACULTY

2016 National Council Licensure Examination (NCLEX) Pass Rate

86.51%

\*national average pass rate is 83.94%



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To order, or for more information, contact Dr. June Cowell-Oates at [june.cowell-oates@bjc.org](mailto:june.cowell-oates@bjc.org) or 314.454.8694. ■



Goldfarb School of Nursing  
at Barnes-Jewish College  
4483 Duncan Ave.  
St. Louis, MO 63110

## LET'S STAY IN TOUCH

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# 9.29.17

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## SAVE *the* DATE

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2017 HOMECOMING  
FRIDAY, SEPTEMBER 29  
ST. LOUIS, MO

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